

MICS

MONGOLIA OPEN
INNOVATION AND
CO-CREATION FOR
SDGs (MICS)-2023

Organizer



Co-organizers



БОЛОВСРОЛ,
ШИНЖЛЭХ УХААНЫ
ЯАМ



ЭДИЙН ЗАСАГ,
ХӨГЖЛИЙН ЯАМ



ЦАХИМ ХӨГЖИЛ,
ХАРИЛЦАА ХОЛБООНЫ ЯАМ

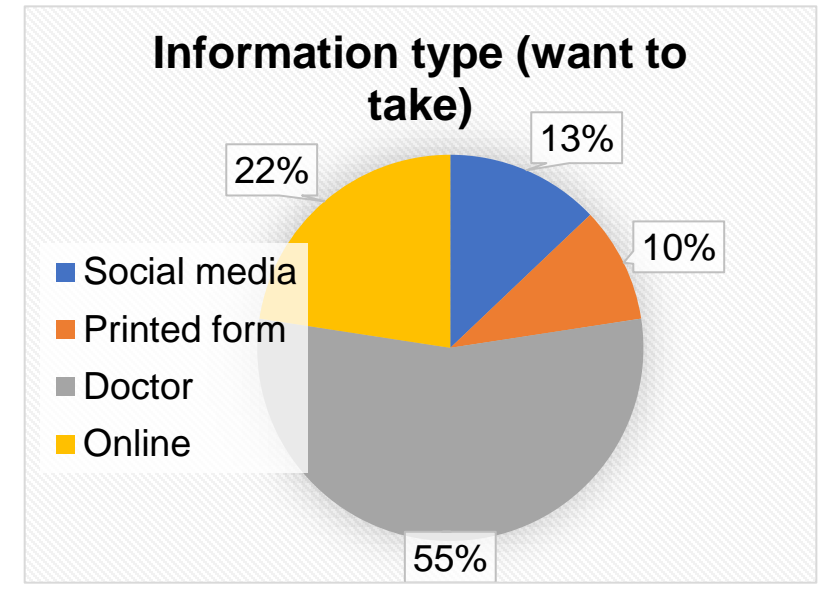
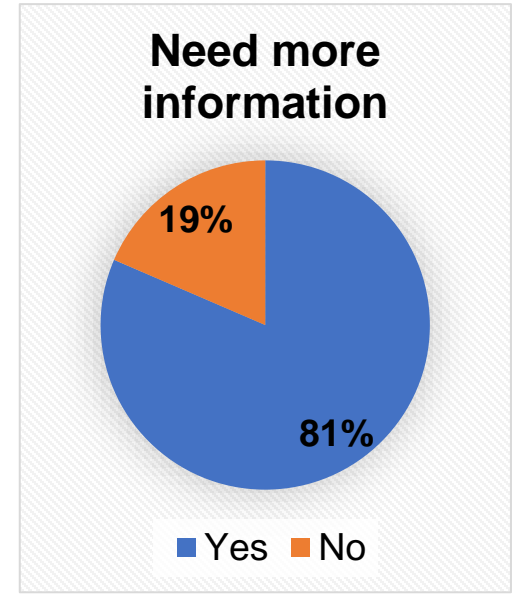
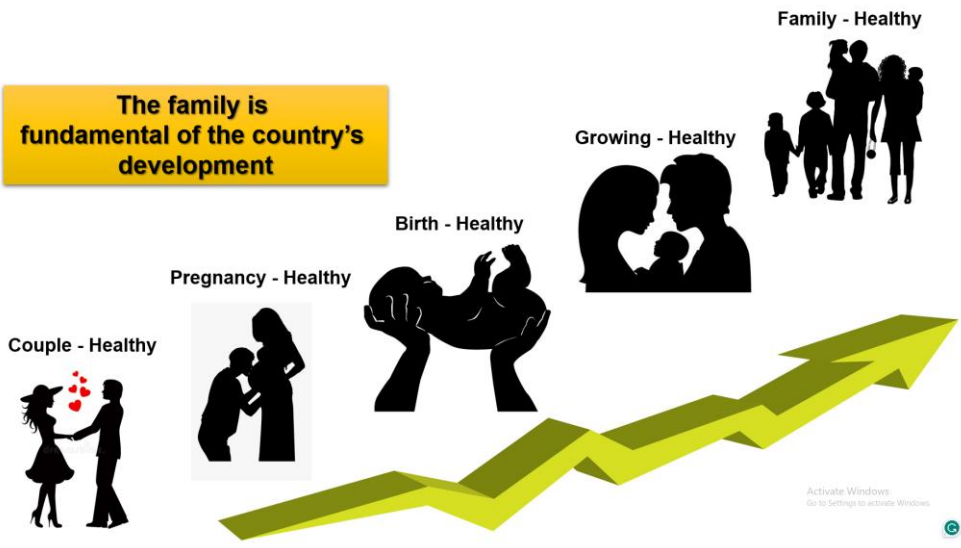


HEALTHY PARENTS' HEALTHY KID

Breast care



Survey #1 – Pregnant women



Survey #2 - Mothers



Breast Self - massage

Should Teach proper technique

Objective

- Improving health education

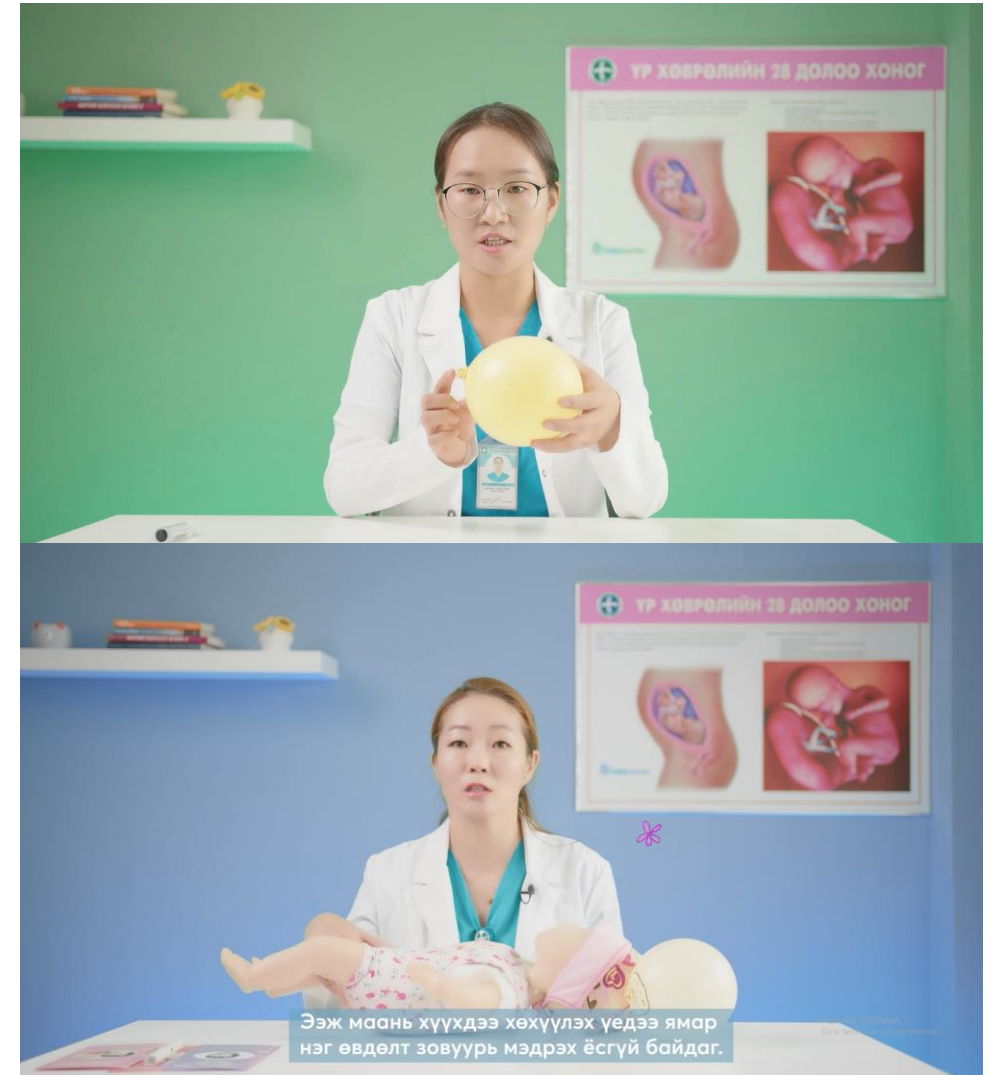


- Improve sufficiency of healthcare

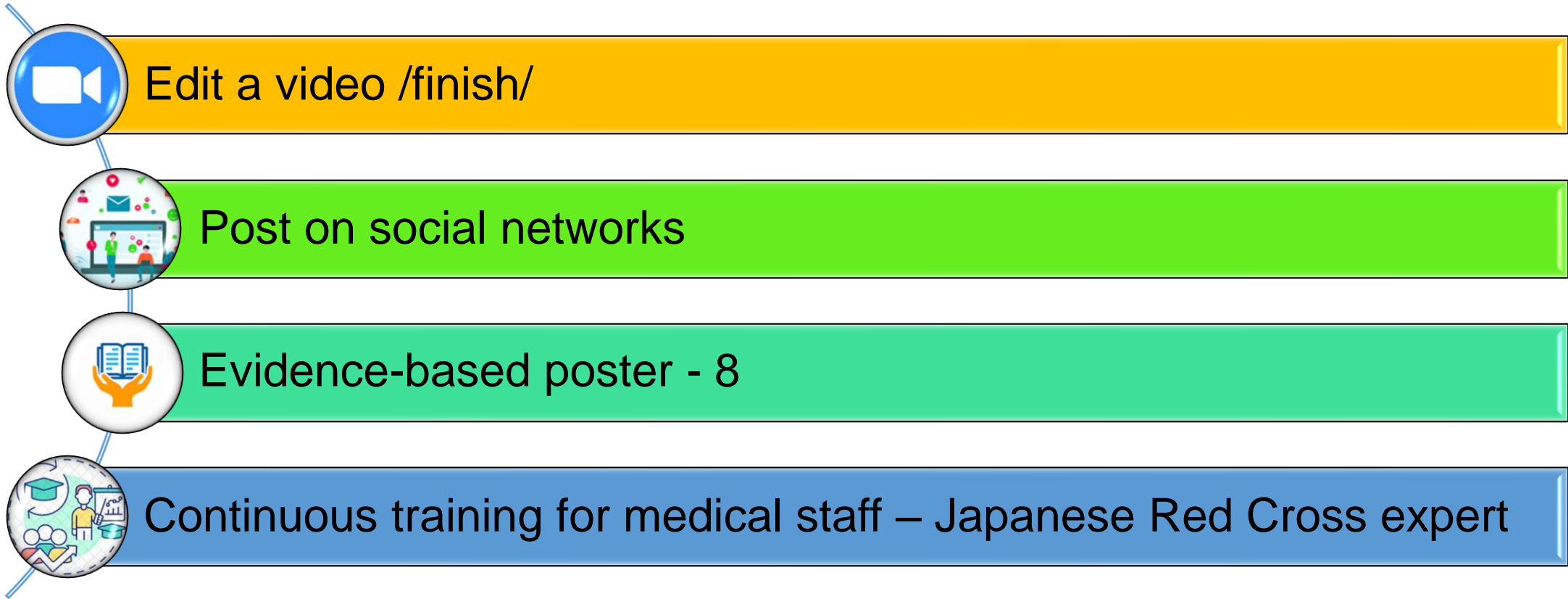


Activities

No	Topics
1	Prepare for Breastfeeding while pregnant
2	Breast changes during pregnancy
3	Sore and cracked nipples during breastfeeding
4	Maternity bras and nursing bras
5	Increasing the milk supply and decreasing causes
6	Pumping and storing breastmilk, good latch
7	Breast Engorgement
8	Plugged Milk Ducts



Plan



Achievements and Appreciation

- Every week session
- Kite – video shooting
- Japanese expert



The doctors' creation of the Songinokhairkhan General Hospital

THANK YOU FOR YOUR ATTENTION

