

## PRIMA Kesehatan Activities

Various activities have been implementing by PHCI team in thre target districts of PRIMA Kesehatan. Those activities are implemented based on the proposed activities that are written in PHCI Team proposals that had been proposed before. With community cooperation and participation, those activities can be implemented.

### Wajo *Cleaning Up The Well After The Flood in Lautang Village Kec. Belawa*

The flood that was happened in Wajo district has over, even though it has over the flood left task for people of Wajo District. As the result of the flood, people's wells become polluted with mud. Even if the people has covered their well with cloth to prevent garbage and dirty thing, but the mud is still a problem. The mud made the well as source of clean water become polluted, water become unclean and un able to consumed.

As a follow up for the problem, PHCI Team of Lautang village proposed in their activity proposal to conduct well cleaning activity. The activity was aimed to make people of Lautang village can get clean water that consumable so they can prevent themselves from diarrhea and other diseases. Target of this activity is to cleaning up 100 units of people well which is divided in three sub-villages, which are Lakoro sub-village for 39 units, Abbanuang sub-village for 60 units and wete sub-village for 1 unit of well.

This activity was planned to be conducted twice. The first schedule has been implemented on September 2007. The cleaning up of well was started by preparing the pump machine that will suck the mud and also brush to brush the well's wall. As a participation of community, they prepared the fuel for the pump machine and they worked it out together. As the result of the first stage activity, 50 units well has been cleaned and ready to be used by people of Lautang village. One of the well's owner who was asked regarding her opinion during the implementation of this activity, Mrs. Muh tang said that she was so glad and felt so helped because she doesn't has to walked far away from her house only to get clean water.



### Smart Mother, Healthy Child **Barru**

#### *Elucidation on Balance Food and Providing Supplements Food*



The above expression is correct concerning the importance of mother's role for the growth of their children. Smart mother with sufficient understanding regarding the importance of giving their child a good balance of nutrition will sufficing their child nutrition needs.

This issue become the background for the implementation of elucidation on balance food and providing supplements food for children in Sumpang Binangae as a part of improvement of Posyandu Manunggal activity. Elucidation on balanced food and also providing of supplement food activity to 160 under five in Sumpang Binanga village was for education purpose not for treatment, which had a purposes to give a good understanding to mothers regarding balance food and its importance for the growth of their children.

This activity conducted firstly on September 10th in Posyandu Manunggal (as decided schedule in the proposal). Children and under five who attended the activity were given supplement food such as nutritious porridge as a sample for their mother. Beside Puskemas elucidation staff, the activity was also attended by Ms. Yoshiko Sato Fujiwara or usually called Ms. Sato (JICA Expert fo Community Health/Primary Health Care) and she also had a chance to share the information regarding nutrition to all mothers.



## Bulukumba

### Ulu Tedong and Public Toilet

#### Construction of Public Toilet

#### In Ulu Tedong Sub-Village



BEFORE



AFTER

Ulu Tedong, a Sub-village under Garanta village in Kecamatan Ujungloe Bulukumba District is a picture of slum area with a poor sanitation condition, without sufficient family toilet.

For their daily needs of water, they rely on some wells with simple construction. Some part of the construction even has broken. For toilet, most of people in Ulu Tedong sub-village use their surrounding area and paddy field as toilet. No doubt, this bad condition causes the raise of some diseases including diarrhea.

Based on this condition, PHCI team of Garanta village discussed and agreed to construct sanitation facility in a form of public toilet for 10 families. this public toilet dimension is 1,6m x 1,7m which is equipped with closet and water tank and for the water it was taken from the existing well.

The construction of this toilet was begun on September 10th 2007. Material such as cement, sand, brick and other material came from PRIMA Kesehatan fund while some equipment and workers payment were prepared by community (swadaya). Community together with the paid labors (considered have better technical skill) work jointly for the construction. Finally on October 8th 2007 the public toilet was completed. The people of Ulu Tedong sub-village was so pleased with the presence of new facility in their neighborhood. From that time, kids and adults have sanitation facility which contains of 1 bat room that equipped with water tank and toilet. all parties expecting that healthy environment for people of Ulu Tedong sub-village can be realized.



### Is Your PHCI Team Managed Well ?

By Kiyofumi Tanaka, JICA Expert

During September 1<sup>st</sup> to 6<sup>th</sup> 2007, PRIMA Kesehatan Team organized four Financial Training Workshops to train chairpersons, treasurers and internal auditors in 74 PHCI Teams in Kab. Wajo, Kab. Bulukumba and Kab. Barru. In the first session of each workshop, the participants discussed what are the

characteristics of "good management", and then observed an interesting role play by Field Consultants and Kabupaten Impementation Team which was based on the case study on democracy and transparency.

Many PHCI Teams pointed out that authoritarian, undemocratic and non-transparent management shown in the case study is a quite familiar situation in Indonesia, so they emphasized the importance of good communication (formal as well as informal), task/responsibility sharing, mutual trust and team work, consensus-based decision making, and sharing of all kinds of information (including financial information) among all members in PHCI Team.

Of course, "good management" is easy to describe, but is difficult to implement from the start of PHCI Team. So it is recommended that each PHCI Team member should monitor carefully whether their group is managed well or not, and if he/she finds any mismanagement in the PHCI Team, it is important to discuss it openly among members and try to solve the problem as quickly as possible. PRIMA Kesehatan Team believes the potential problem-solving capacity of each PHCI Team and hopes they can improve the management capacity through experiences in implementing PHCI activities.

