

## Exchange Program of PRIMA Kesehatan PHCI Team

Interesting and useful things for the participants of exchange program of PRIMA Kesehatan PHCI Team were to grasp different ideas and practice through the activity. Varieties of new ideas, knowledge and experiences were shared among the participants. Various interesting things such as high motivation of Cadre in Kecamatan Belawa in doing Posyandu activity, construction of family toilet by swadaya in Kelurahan Baru Tancung, cross sectoral cooperation by involving Agriculture Office in garbage processing at Kelurahan Tanah Lemo, plan of PHCI Desa Bira to cooperate with Tourism Office and surrounding villages in conducting clearance activity in Bira Beach and many other ideas and experiences that were shared during the implementation of this exchange program.

### The Visit of PHCI Bulukumba Team to Wajo District

On November 13th 2007, participants of PHCI Bulukumba exchange program visited Wajo District. Number of participants was around 40 including PHCI Chairpersons, KIT and Field Consultants.

Before they started their visit to Kecamatan Belawa, participants were officially welcomed by Head of Wajo District Health Office, Dr. H. Abdul Azis M.M.Kes at Wajo District Health office meeting room.

After they met with the head office, the one day visit in Wajo District was begun with attending mass teeth brushing activity that was conducted by Belawa PHCI Team by inviting students from elementary school in Kecamatan Belawa. This activity was successfully invited around 1876 students to the location of the activity, by involving and cooperating with Education Branch Office in kecamatan Belawa. Even though the sun in that day was shining brightly, the students actively and cheerfully participated in this activity. This activity also involved five dentist medical students of Hasanuddin University to help the committee in giving guidance on how to brush their teeth properly.

Mass teeth brushing activity was followed by discussion session between member of PHCI Team in Belawa and exchange program participants from Bulukumba at the meeting room of Puskesmas Belawa. During the discussion some interesting views were expressed and many questions were asked to PHCI Belawa. There were questions about how they increase the motivation of posyandu cadre to keep working well even though they are not given some money such as salary and how they stimulate the community participation such as fund raising to buy the land where they constructed Posyandu.

The answers that were given by the Chairperson of Belawa PHCI team made the guest from Bulukumba astonished. According to the chairman of PHCI Belawa, it was not difficult for them to motivate the community because as we all know that their area is located in the western part of Wajo district where the flood is frequently occurs and this causes many disease problems. This problem of flooding becomes the most effective motivator, because motivation and willingness to participate is born from their own needs for better health condition. As for Posyandu Cadre, even the incentive that are given for them is only in a form of free treatment in Puskesmas and without any salary, they always pleased to work because of their own awareness.

The next visit after kecamatan Belawa was in Kecamatan Tanah Sitolo. After they were officially welcomed by the representative of Head of Kecamatan Tanah Sitolo, the participants left the room and visited one of the family toilet that was constructed by cooperation between PRIMA Kesehatan and people of Kelurahan Baru Tancung by sharing the fund from PRIMA and swadaya from the community that almost three times as much as the PRIMA fund itself.

Location of one of the toilet could be reached by walking from Camat office. All the participants observed the toilet building.

Because the time was limited, discussion regarding the process of construction of family toilet activity was held under the house of the toilet owner. By establishing several small groups of discussion, they started to discuss. Enthusiastically, participants from Bulukumba asked questions regarding the process of activity implementation how they activated participation from people of Baru Tancung in a form of quite big amount of Swadaya, and then the process this activity was explained in detail by a member of PHCI Kelurahan Baru Tancung.



*Participation was born from  
community needs itself.....*



## Welcome to Tanjung Bira....

After Bulukumba PHCI teams visited Wajo district, then it was Wajo and Barru PHCI teams turn to visit Panrita Lopi Land on November 15th 2007. The agenda was divided in two directions. For participants from Barru district firstly they visited kelurahan Tanah Lemo to see the garbage processing activity and for participants from wajo district, firstly they were welcomed officially by Head of Kecamatan Bontobahari and after that they also attended the garbage processing activity in Kelurahan Tanah Lemo.

Participants from Barru PHCI Team had a chance to see the process of elucidation activity regarding how to process the garbage that was conducted by Tanah Lemo PHCI Team. The activity was held at the meeting room of Kelurahan Tanah Lemo office.

This activity drew much attention of Barru participants because it involved cross sectoral cooperation. The cross sectoral cooperation was clearly understood with the presence of the staff of Agriculture Office to give elucidation on how to process the garbage that useless and become a problem into something useful. As for example, processing of household garbage such as water that had been use to wash the rice into fertilizer, pest control liquid and food for livestock by using chemical liquid namely F4. Some exchange program participants asked question regarding the technical matters of garbage processing and also expressed their appreciation for the effort to realize cross sector cooperation that had been done by PHCI Tanah Lemo.

The second place to visit was Bira village office. At this place, cadre competition was conducted as one of the activity of PHCI Bira team. The competition was joined by around 10 cadre from each Posyandu in Bira village and judges was the doctor from Puskesmas. Other interesting things found in PHCI Bira during discussion session are that according to head of Bira Village, they have a plan to cooperate with Tourism office and surrounding villages to conduct activity to handle garbage problem in Bira beach. They hope that, through this collaboration activity, Bira beach will become clean and healthy beach.

*"We Plan to cooperate with Tourism Office and surrounding villages to handle garbage problem in Bira Beach"  
(Head of Bira Village.)*



## PRIMA COMMENT



**H. Abd. Rasyid**  
PHCI Kab. Wajo

Generally, our visit to Bulukumba was running well. Community and local government much welcome us.

In this visit we joined in the training of garbage processing activity by Tanah

Lemo PHCI Team. This activity quite enriched our knowledge.

But actually, at the beginning we hoped that we can see the practice of garbage processing directly and also we hoped there were a detail explanation on how to do it with other kind of garbage such as household garbage. Nevertheless, this visit was good enough to increase our experience and knowledge. (Chairperson of PHCI Baru Tancung, Wajo)



**Nani Sanusi**  
PHCI Kab. Barru

Based on the decree letter regarding appointing of representative for exchange program that stipulated by Kelurahan and village, me as the chairperson represented PHCI Sumpang Binangae to join this activity.

In this visit, I attended garbage processing activity and also cadre competition. Both of the activities gave us new information and enriched our knowledge, that hopefully later we can use it as input and ideas in doing our next PHCI activities. We hope that PHCI activities can go on in order to reach the target of healthier and more empowered community in each activity. (chairperson of PHCI Sumpang Binangae, Barru)

This exchange program gave us an opportunity to meet and share our experiences and information with members of PHCI team in Wajo district. In Belawa,

we saw mass teeth brushing activity, i think a 3 years old kid needs to be given the information regarding how to brush their teeth properly. Based on the information that I got from the discussion, I found out that level of community participation in wajo district is pretty high.

This visit gave us new experiences and knowledge. We hoped that this new information and experiences can be applied in Bulukumba. (Chairperson of PHCI Benjala, Bulukumba)



**M. Jufri P. SE**  
PHCI Kab. Bulukumba



## Elucidation for Proper and Hygienic Processing of Palm Sugar in Kelurahan Tuwung

Baru District



The article was written by member of PHCI Kelurahan Tuwung

The idea of this activity was started from information of the people that there are families who live in the mountain area of Kelurahan Tuwung, in Kamara sub-village, Lasitae and Jekkae village. The people of the village works as palm sugar makers. According to the information, the palm sugar product is not always hygienic because of lack of information of proper and hygienic way to process. This information can be provided from health staff.

Needed information has not been available because the location of those villages is difficult to reach, it is far away from the city. The places can only be reached by walking for around 3 hours (20 km from Kelurahan Tuwung office). Concerned about this situation, the idea on giving elucidation was put into PHCI activity proposal. Finally on November 10th 2007, together with Head of Kelurahan Tuwung and member of PHCI team visited and gave elucidation to palm sugar maker.

Because the people of those village was busy during daytime, so the elucidation was conducted at night. This activity got a good response from the people, which was proven by the fact that all palm sugar makers had participates, even they had to stay for one night in Lasitae village, where the elucidation was hold.

After people of those village participated in the elucidation, they realized how they made and process palm sugar properly and to meet the healthy processing standard. They hoped that this kind of activity can be continued. Through this activity, it is expected that there will be no more doubt from the consumer of palm sugar from Kelurahan Tuwung to consume it, because its healthy and hygienic.

## Swadaya Spirit in Kelurahan Baru Tancung Wajo District, for Toilet Construction

Written by: Idham, S.Sos (member of PHCI Baru Tancung)

Kelurahan Baru Tancung is one of the area from many other villages and kelurahan which get the assistance from PRIMA Kesehatan program. Most part of Baru Tancung area is slum area which locates in the side of Tempe lake and a regular place of flood every year.

We are thankful for the presence of this PRIMA Kesehatan program, because its very useful for the community, it was proven with the implementation of one of our program activity namely construction of family toilet.

Firstly, we were pessimistic about this program, because the prepared fund from PRIMA Kesehatan could not cover 50% of the total number of household that want to get the assistance. PRIMA Kesehatan fund alone could only covered 20 unit of toilet.

To follow up this issue, PHCI team conducted a meeting that was attended by Head of Kelurahan and his staff and also members of community. It was discussed that the existing toilet were still far away from the health standard and it was important for the community to have a healthy toilet. Then it was agreed to add the number of toilet up to 40 units. Estimated cost for one unit of toilet was Rp 500.000. From that total cost, PRIMA fund could only cover Rp 120.000 for each household. So they agreed to pay for the rest of Rp 380.000,- by themselves or around 3 times of the provided fund.

The Rp 120.000 of the PRIMA fund was to buy 2 concrete rings only. And for the rest of materials such as for the wall, roof and closet were procured by community swadaya. One big problem in that time was how to choose 40 households that will get the assistance. Nevertheless, the 40 household were decided after the PHCI board member and government of Kelurahan Baru Tancung identified the condition of each family that had been registered.

At the time of exchange program, Family toilet construction program in Kelurahan Baru Tancung was still implementing and in the finishing stage. All the concrete rings had been distributed and the walls of the toilets were still constructing. All these things were made possible to happen by strong spirit and cooperation between PHCI Baru Tancung board member and high community participation in a form of good swadaya both for material and other support that was shown during the process of this activity. Finally, we hope that this program can touch all the household that do not have a proper toilet.





