



PRIMA NEWS

PRIMA Kesehatan

Better Health by Community Participation



JICA and Government of South Sulawesi Province Cooperation Program 2007-2010 with Target Districts are Barru, Wajo and Bulukumba

3rd PRIMA Kesehatan Steering Committee Meeting

Operation Plan for The 2nd Cycle



The third PRIMA Kesehatan Steering Committee Meeting was held on February 29th 2008 in the Health office of South Sulawesi Province. The objective of this activity was to have a discussion about PRIMA Kesehatan operation plan for the next year.

The Steering committee meeting was attended by Head of Health Office and KIT members from each target district, representative of Provincial Bappeda, representative of Provincial Health Office, Representative of JICA MFO, and PRIMA Kesehatan Team.

The meeting was officially opened by Vice Head of Provincial Health Office Dr. H.M Saad Bustan, Mkes. In his opening speech he stated that after confirming very good results of this program (through the achievement seminar in BAPELKES), he found that PRIMA Kesehatan approach is very suitable for community empowerment in health sector. He also asked District Health Office to learn from PRIMA Kesehatan to apply the concepts and methods to other community empowerment program as well.



The next session was a presentation of operation plan for the 2nd Cycle and open discussion. Firstly it was presented by Mr. Kawahara as Team Leader for this program. The plan that was proposed by him for the second cycle put emphasis on the introduction of more concrete measures by Kabupaten to take over PRIMA Kesehatan operation, expansion of the target areas, and strengthening of collaboration by Dinkes/Puskesmas with community.

Second presentation was presented by Head of Wajo Health Office Dr. H. Abd Azis M. M.Kes. In his presentation, he explained Wajo Kabupaten Implementation Team plan for second year. They plan that KIT will evaluate the effectiveness/level of utilization, measures taken for maintenance of facilities, result of 1st cycle activities. The results of evaluation would become the base of their feedback for the community. For the new target sub-districts, KIT will be involved in the workshop to train the community and to encourage them.



Plan of Bulukumba district was presented by Head of Health Office Dr. Hj. Rusni Sufran, M.Kes. Bulukumba Kabupaten Implementation Team expects to see many communities would make plans to prepare clean water resources for community, and expects PRIMA Kesehatan can facilitate the community to utilize it optimally.

The Importance of Capacity Building in PRIMA Kesehatan

By: Muhammad Syukri, SKM

The first cycle of PRIMA Kesehatan program has been well done and realization of activities was almost 100%. I heard many positive comments from the community members and PHCI Teams. They said that they were satisfied and the activities were successful. Those comments can be considered as success indicator and also can be used as measurement that this program is "a great success" in encouraging community participation in health sector.

However, there are many things that still needs to be improved and developed to achieve expected results, namely, realization of community participation in health sector in order to support the quality of health management based on partnership between the community and the health professionals.

Thus, we suggest that capacity building not only for community/PHCI team but also for health institution should be a focus of PRIMA Kesehatan program in the 2nd cycle.



CAPACITY BUILDING FOR PHCI TEAMS

Education and awareness raising of the community must be carried out in a way to let them understand that they can be a partner of health workers from Puskesmas and Health Office. These awareness raising activities for the community should provide them better knowledge how to build partnership with the health workers, and better understandings of what are their rights and obligations in such partnership.

Within PRIMA Kesehatan program, the community is organized as PHCI Teams. Thus, it is very important to consider that PHCI Team is not only assigned to formulate activity plan/proposal and to implement them. It is also needed to build different kind of capacity through some activities such as socialization, workshop, training, exchange program and others. By those activities, PHCI Teams will have not only technical skills to formulate proposal and implementing those proposed activities, but also have knowledge on what and how to participate in health sector.

The main purpose of PHCI team capacity building is to make the community self standing in doing exploration on community resources in order to support health development process in their village as a partner of health officers.

to be continued to page 2

The Importance of Capacity Building in PRIMA Kesehatan

Continued from page 1

CAPACITY BUILDING FOR INSTITUTION

Capacity building for health institution (Health Office and its supporting groups) is very important to be carried out as well. Within PRIMA Kesehatan, capacity building for Health Office and its supporting groups is important in order to realize the sustainability of the program model and substance in the future. In our opinion at least there are two things to do, namely:

1. Capacity building for Health Workers who are related with the sustainability of PRIMA Kesehatan model and substance, namely Kabupaten Implementation Team, Puskesmas Staff, and other related worker in Health Office.
2. Preparation for a system in order to adopt PRIMA Kesehatan model and substance, and to make it a model of community health empowerment in target district. Need to have more opportunities for discussion, such as: regular meeting among actors in district level to discuss sustainability of the program, Steering committee (we already use this), Seminar on development of future system, etc.

Sustainability is the main issue to think about for Barru district and perhaps for the other PRIMA Kesehatan target districts as well. It's because of the fact that we need some time to prepare a system to continue PRIMA Kesehatan model.

I'm sure that we don't want to limit the image of PRIMA Kesehatan in a superficial explanation, such as, "PRIMA Kesehatan program is a program that only 'creates' condition where tasks of health workers are taken over by community", or "PRIMA Kesehatan only comes to 'give away' money for community to support their activities". We want PRIMA Kesehatan to bring a renewal into health system with innovative system where the community can be self standing. Not only for healthy and clean behavior but more than that. They shall be able to build a good partnership with health institution, they know what are their right and obligation as part of health development process, can be pro active in doing socialization and advocacy, and also able to mobilize existing resources in community.

For the time being, there are two issues that are important factors to support the sustainability, namely capacity building for community/PHCI and for institution as explained above. Hopefully it is also become consideration and intention of PRIMA Kesehatan program to be actualized in the next cycle of PRIMA Kesehatan.

PRIMA Comments



H. Abd. Hafid G
Kt. PHCI Leppangeng

By the presence of PRIMA Kesehatan program, people are already awoken in raising their spirit of Gotong Royong (mutual cooperation) and understand more of the meaning of the motto, "better health by community participation". The communities were very much involved in case of individual and environmental health knowledge improvement. Community participation was quite high because this program belongs to community. (In the first cycle) 50% of PRIMA grant fund was allocated for elucidation, training and the rest 50% was for construction of facilities. Community still hopes that this program can keep continuing, so that community knowledge on primary health can be improved more.



H. Abd. Azis
Ang. PHCI Kec. Belawa

PRIMA Kesehatan program is fruitful in term of improvements of primary health care. This program also involves community so that they could implement activities by themselves. Activities had been proposed jointly by PHCI team and local government. This program raised awareness of people in Belawa regarding the importance of health. I hope that this program can be a model program for other districts and I also hope that in the second cycle, this program will stay with us, so that people will be empowered more in health sector and can change their unhealthy behavior.



Muliwati
Kader Posyandu

PHCI Program is very useful for community in Mappadaelo village, Tanasitolo sub-district, both for physical and non physical programs. Collective toilet program is very helpful for community who still don't have toilet and it can be used by a group of people. We hope that people with unfavorable behavior that use any places as toilet, can be decreased.

Program for improvement of nutrition of under five children at Posyandu is not only useful for under five children but it is also useful for their mothers. Their knowledge and information regarding health is improved, so as with the program of elucidation for prevention of DBD and diarrhea.