

Cooperation Program between JICA and South Sulawesi Provincial Government in 2007-2010 with target districts are Barru, Wajo and Bulukumba

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"This mother and child health activity is intended to motivate and improve the community awareness to keep applying the healthy life behavior on Posyandu activity such as child growth monitoring through regular baby weighing at least once a month, monitoring of nutrient status and immunization coverage."



PRIMA *care*  
Kesehatan 2008

## Contest of Healthy Baby and Under Five

in Bonto Marannu Village, Bonto Tiro Subdistrict  
Bulukumba District

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This activity was held on September 20, 2008 in village office of Bonto Marannu. The activity was started with elucidation which was delivered by one of the puskesmas staff. The resource person tried to explain about children behavior and their intention, based on their age group. He also gave some advise to parents to pay attention on theirn babies' physical and psychological development.

After the elucidation, they continued the activity by forming groups of child care giving, and appointing a coordinator of each group. The purpose of forming these groups is to create a media for parents to discuss among themselves, about their experience and difficulties of taking care of their children (infant and under five babies). Thus, parents will conduct a meeting to discuss and share experience monthly .

The next activity was a contest for healthy infant and under five babies. For this contest, about 19 infants and under five babies were registered by their parents as contestant. The criteria are follows:

- Baby growth record (from KMS)
- Physical condition
- Cognitive and psychomotoric
- Immunization
- Parents' knowledge

Result of the contest was announced at the end of the activity. PHCI team of Bonto Marannu prepared rewards for the winners of this contest, and the rewards were given to the winners after the announcement of the result. Mothers looked very enthusiastic. Besides the village PHCI member, the head of Subdistrict PHCI also attended this event and observed the activity. Three staff of puskesmas attended this activity to give the elucidation, and became judges for the contest. .

This activity can motivate mothers to take care of the baby / to keep babies healthy, by weighing their babies regularly in a month in Puskesmas or Posyandu. Activity like this is good to improve mothers' knowledge, whereabouts all mothers can know truly what the babies need.

" Baby Intellegence growth include the perceptual ability, psychomotorics, cognitive and social skill. If those growth indicators are not reached, means there should be a high attention given. This is a standard settled based on the statistics research for normal babies.

by : Ricky Djodjoko  
Field Operational Advisory  
PRIMA Kesehatan - JICA

# Welding Community Participation through Transparency Principle

**PERINCIAN ANGGARAN PHCI DESA BIRA**

No.	Kegiatan	JULI	AUGUST	SEPT	OKT	NOV	DES	JAN	FEB	MAR	APR	MAY	JUNI
1	Administrasi / Umum	Rp. 301.000											
2	Rehab Posyandu	Rp. 493.000											
3	Penyuluhan Kesehatan / Angkungan / rumah tanggga	Rp. 105.000											
4	Lomba Kebersihan lingkungan dan Rumah Sehat	Rp. 35.000											
5	Pemberian Penghargaan dan Pemeliharaan Ader-Budaya	Rp. 30.000											
- Jumlah													

**Time Schedule PHCI DESA BIRA TAHUN 2007**

Kategori	Juli	Agst	Sept	Oktr	Nov	Des	Jan	Feb	Mar	Apr	Mei	Juni
Posyandu KELINCI / Pengkorese				27	29	17						
Penyuluhan Kesehatan / Angkungan / rumah tanggga			15		30							
Lomba Kebersihan lingkungan dan Rumah Sehat					27							



Various existing regulations on community involvement in development actually aim to not to make community only as a legitimation in decision making. Actually, participation in development is not a new thing for community. At the moment, many people already aware to participate in development even though one certain location has different condition compared with others.

To ensure that community is able to participate in development, it needs to consider these following principles. First, Perspective Principle: oriented on community interest (mainly in connection with health, education or social cultural) and oriented in poor and marginalized community. Second, Formal Mechanism Principle: participation, fairness, right equality, transparency, Law supremacy and accountability.

Participation here means that it should be started from planning process until

responsibility report; it is needed to ensure that community interest is accommodated in each policy and will also improve program/activity implementation accountability which is programmed by community.

However, sometimes what becomes the obstacle for the implementation of activity which is funded by donor is the difficulty to welding community participation. It is because they assume that the supplied fund is enough to cover the implementation of the activity/program. This thing happens because the program manager is sometimes found doesn't apply transparency regarding fund usage to community.

Apart from the basic assumption as the lack of transparency in our administration system and certain prejudice toward program implementer, gradually we should establish adequate community institution where the community are able to get the information in right and properly, which is the fix condition for the progress of the community themselves.

Some of lesson learns gained on the PRIMA Kesehatan program target sites in Period I year 2007/2008 are as follows:

- By applying transparent financial management system, PHCI teams are able to welded community participation. Both for cash, material, power and etc.
- By applying transparent system, PHCI Teams gained policy support from government, both from village and district government
- By applying financial transparency system, community trust to the activity/program implementer is increased more.
- With the transparency, togetherness and unity among activity/program implementer is kept and harmonic.
- By applying transparency principle, the community is able to control the usage of the existing fund and at the same time, they are able to avoid the misuse of the fund by activity/program implementer.

by: Arafah, S.S.  
Field Consultant of  
Bulukumba District

## PHCI Team Transparency Application Practice

PHCI team transparency application practice such as;

1. Making of "PHCI Information board" that cover the information regarding activities, activity realization and fund allocation for each activity. This information board is put in Village Office.
2. The activity proposal is copied and stick on Village Office
3. The activity proposal is copied for some exemplars and hand it to Village/Lurah head, and LPMD. It is also kept by some of PHCI team members so that if there are community member want to read it, they can reach them.
4. Before and during the implementation of activity, the information regarding PHCI activity is informed through the mosque informally.

5. When the socialization is held in village level, PHCI team explains the accountability report briefly to community regarding the realization of the activity year 2007 (activity and fund) and also explain to them regarding the total amount received in 2008. During the socialization, village/sub-village problems are explored, and then it will be re-discussed to decide the activity according to the priority scale and in balanced, so that each sub-village can enjoy it.

**REALISASI KEGIATAN PHCI DESA MANNAGE**

Kategori Kegiatan Angg.	SEPTEMBER				OKTOBER				NOVEMBER				DESEMBER			
	Rp	%	Rp	%	Rp	%	Rp	%	Rp	%	Rp	%	Rp	%		
MELAKUKAN UMUM & MINUTKASI	193.500		40.500	21,38	-	-	-	-	-	-	-	-	-	-		
AMPILANJE TAMBAH BUKANKE 10 UNIT PHCI DESA MANNAGE	5.409.000		3.195.000	58	2.270.000	42	-	-	-	-	-	-	-	-		
PILATIHAN BAGI 25 KADER POSYANDU	1.955.000		275.000	14,32	1.280.000	65,92	-	-	-	-	-	-	-	-		
KAMPILANJE POSYANDU MELAKUKI TERKASAN BERSI KADER POSYANDU	1.301.000		-	-	1.346.000	104,99	-	-	-	-	-	-	-	-		
PENYULUHAN BERKUMPOR BAGI MASYARAKAT RUMAH MENDI	3.102.500		447.500	14,42	2.655.000	85,58	-	-	-	-	-	-	-	-		
PENYULUHAN BERKUMPOR BAGI MASYARAKAT RUMAH MENDI	940.000		225.000	23,94	225.000	23,94	-	-	-	-	-	-	-	-		
<b>Jumlah</b>	<b>12.643.000</b>		<b>4.123.000</b>	<b>32,62</b>	<b>7.786.000</b>	<b>61,62</b>										



**Photo Description :**  
 1. PHCI information board about the activities, realization of activity and fund channelization for each activities as transparency media.  
 2,3. PHCI team held socialization about responsibility briefly to community about realization activity

by : Arthelia Gita Lestari  
Field Consultant of Wajo District

# Visit Bulukumba Regent to the Location of SPAL Sampling Making

in Bialo Village, Gantarang Subdistrict, Bulukumba District



On September 15 2008, Regent of Bulukumba district (Mr. AM. Sukri A. Sappewali) visited Bialo village, Gantarang sub-district to see directly the establishment of SPAL (Waste Water Management System) sampling which was conducted by Bialo village PHCI Team. On that visit, Regent and his group had a dialogue with the chairperson and member of PHCI, and Head of Bialo village (Agus Riady). On principle, The Regent supports the implementation of this program very much, because he thinks that this program arises from the fidgetiness of community on their health problem so far, then they made planning and proposal to be proposed to PRIMA Kesehatan-JICA (Japan) and the implementation was carried out by community with self-fund. He also expected that such program can be made as sample for other program in future. At the end of his visit, he noticed the board member of Bialo PHCI team to keep working together for the community in their village.

The establishment of SPAL is one of the activities from 6 programs that were proposed by Bialo PHCI team within the activity proposal that was submitted to PRIMA Kesehatan for year 2008.

Bialo village is a village with quite high environmental pollution both pollution caused by puddle in the rainy season and pollution coming from house hold waste water. That thing makes people worried. Direct impact of that environmental pollution is causing various kinds of diseases, and possibility to raise neighborhood conflict because the environment becomes dirty.

With such phenomena, PHCI team through PRIMA Kesehatan program year 2008 proposed establishment of sampling SPAL for 9 SPAL in 4 sub-villages namely Toroliya sub-district, Kassi sub-district, Mattoang sub-district and Barabba sub-district, by prioritizing the core which is considered potentially be infected by disease all this time. The purpose of this activity is to stimulate other community to establish SPAL by themselves in their environment and out of dirty environment which is caused by waste water, and also to motivate the community to apply healthy life behavior. By the completing of this activity, it is expected that in the future, Bialo village become a healthy, clean and comfort village and also can be out of all kinds of resource diseases.

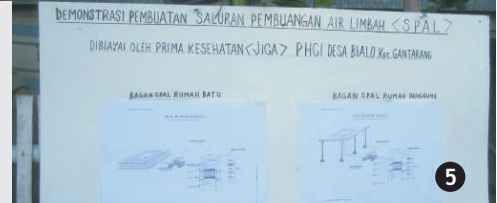


Photo Description:  
 1.2. Bulukumba Regent, AM. Sukri A. Sappewali together with group visited Bialo Village.  
 3. Bulukumba Regent observed location of demonstration of SPAL Sampling Making.  
 4. PHCI Team of Bialo Village dialogue with Regent  
 5. Draft of SPAL for stone house and stage house.  
 6. PHCI Team of Bialo Village in infiltrate well location

by : Drs. Syamsuddin Awing  
 Field Consultant of Bulukumba District

## Construction of Drill-well

at Data Sub-village, Wajo Riaja Village Tanasitolu Subdistrict, Wajo District

On the fourth week of August 2008, PHCI Team of Wajo Riaja together with the community conducted the construction of drill-well and water tank in Data sub-village. The construction was divided into 2 stages as follows:

1. Drill stage which is conducted for 3 days end ended by butchering 3 chickens as an expression of community thankfulness because water can flows smoothly
2. Construction of water tank and washing floor which is constructed for 3 days also

Finally at the first day of fasting month, drill-well and water tank was accomplished and stand up strongly and also can be utilized by community. Cooperation among PHCI members and a very positive support from Head of village and its lines become the reason of this successful. The most important thing is community active participatory through self-fund such as vehicle support for transportation vehicle for the procurement of the material, manpower and consumption. Thereby, team of PHCI Wajo Riaja could save the fund that was diverted to fulfill material cost which was having price hike.



Photo Description>>>  
 1. Receptacle and wash base  
 2. Drilling process  
 3. Community of Sata Village thanks with swit flow water

by : PHCI Team of Wajo Riaja  
 Tanasitolu Subdistrict, Wajo



Training Mechanism of PHCI  
 August 26, 2008  
 Coppo Village Office  
 Coppo Village, Barru Subdistrict,  
 Barru District



Training of Posyandu Cadre  
 August 27, 2008  
 Harapan Village Office  
 Harapan Village,  
 Tanete Riaja Subdistrict  
 Barru District



Supply of Addition Food and  
 Elucidation of Nutrition of Pregnant  
 Mother, September 9, 2008  
 Posyandu of Topaleo, Bonto Nyeleng Village  
 Gantarang Subdistrict, Bulukumba District



Elucidation about the importance of  
 use MCK  
 September 10-11, 2008  
 Mattirowalie Mosque  
 Mattirowalie Village, Maniangpajo Subdistrict,  
 Wajo District



Mobile Elucidation about Diarrhea  
 September 11, 2008  
 Puliwatie Village, Gilireng Kelurahan,  
 Abbatireng Village, Maminasae Village,  
 Poleonro Village, Lamatta Village  
 Gilireng Subdistrict, Wajo District

## Notes from Monitoring

PHCI Team Activities of PRIMA Kesehatan

# PRIMA Comment

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**Andi Pananrang, SKM**  
KIT member of Barru district



Even though Tanate Riaja sub-district just joined with PRIMA Kesehatan program in 2008, I see there are significant change in case of activity coordination between PHCI and Puskesmas. The real coordination system found is involvement of Puskesmas side in preparing or facilitating PHCI activities, such as cadre training. Moreover, Puskesmas also prepared training tools that was used to smoothening the activity. It was very positive and needs to be maintained or improved because Puskesmas is the most central in conducting assistance and handling health problem occurred in community. Health office only gives required support for the Implementation of activities in Puskesmas.

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**Syahrudin Bacuni**  
Chairperson of PHCI Team of Palambarae village  
Gantarang Subdistrict, Bulukumba District.



I as a community leader and also board member of PHCI team, welcome PRIMA Kesehatan program, where this program aim to encourage people to apply healthy and clean life behavior and also conducting prevention activities of various kind of disease. Community in our village also welcomes this program, because PRIMA Kesehatan program involves all community elements, different with other program.

For this first year, we are conducting activities which had been approved by PRIMA Kesehatan-Jica such as; PHBS Elucidation, Healthy House competition, construction of Public Toilet, Well rehabilitation, Posyandu rehabilitation, procurement of Posyandu mebel, baby and under five competition and award for active cadre. By god permission, after this program accomplish it is expected that community awareness on healthy environment in our village will be increase.

The reason why we programmed such kind of activities because there are less community who apply healthy and clean behavior, in other words, many people defecate in any places, lack of clean and consumable water, so that all those things cause many diseases. Beside that, level of Posyandu services is not optimum yet. After this program is implemented, it is expected that community will aware to always apply healthy and clean behavior and Posyandu service can be optimum.

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**Mahmud, S.Pd**  
Chairperson of PHCI Team of Harapan Village,  
Tanete Riaja Subdistrict, Barru District



Since PRIMA Kesehatan program was implemented, I gain much benefit and some facilitation in operating this program. What I mean with facilitation is in case of program administration, where there are some differences with the system which is applied by ADD (Village Fund Allocation), because at the same time I also take a position as LKD chairman. Budget spending system and budget accountability for PRIMA Kesehatan program is very simple if it compares with ADD. Therefore, I think I will not find any difficulties in managing this program.

Beside that, PRIMA Kesehatan program is also more flexible. Changes and adjustment on the activities and even on the budget are allowed, if it's considered necessary and need to be done. For instance, Harapan village PHCI team had proposed in the proposal to buy 5 chairs for Posyandu, but then chair price was getting more expensive so we only bought 4 chairs. It has been agreed in the PHCI member meeting and has been communicated with Consultant. My expectation for PRIMA Kesehatan next year is the presence of community willingness and awareness to participate voluntarily to support this program, such as ideas, times, manpower and even money. We're also expecting for additional fund allocation from JICA, so that this program can reach many more community.

## Photo Gallery

## The activities of PHCI Team of Belawa Subdistrict Wajo



## Trichinosis



Trichinosis is a symptom group of worm existence inside the body. Various kind of worm which often infect human, particularly children are Enterobius vermicularis, Ascaris Lumbricoides, Trichuris trichiura and necator americanus. Enterobius vermicularis is about 1 cm; Ascaris Lumbricoides has the biggest size of all with length reach 30 cm, Trichuris trichiura 3-4 cm and necator americanus 1-2 cm.

Infection of worm inside the body is related with sanitation and hygiene. Those worms infection can be arising from food (such as raw vegetables) which is contaminated by feces and not washed well so that, it sets worm eggs aside. Such as:

- Raw vegetables, drinks which contaminated by feces and not well boiled (might not be 100C)
- Children bad habit by sucking their thumbs (which might be dirty and contaminated by worm egg/worm)

On the worst case, the child will look very skinny but his stomach is bloated (filled with worms). Beside that, his appetite will also decrease and look listless. Worms' ability in expelling particular tocsin inside the lungs is expected as the reason of the decreasing children's appetite. This thing is able to influence child concentration in studying and thinking. Buttock itch is one of the symptoms of Enterobius vermicularis worm.

There are some tips to keep the children away from worm infection as follow:

- Trichinosis can be prevented by washing, mainly washing hands and foot with soap and clean water
- Engraft healthy live behavior to children
- Cleanliness is a key to fight against worms



Resources : Quoted from several sources

## <<< <<< PRIMA Health Info

PRIMA Kesehatan



## Best Regards from PRIMA News

PRIMA News editorial accept article input, news and commentary from some parties as media to share information and knowledge to improve this program. The editor retains the right to conduct necessary editing to adjust with the design and layout. Thank you.

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