

*Who is boss of your life? Sometimes you may have wondered.  
We met a farmer who had his answer right away.*



#### **Kitulu Horticultural SHG, Machakos County**


*The SHEP Approach is expanding to other countries. SHEP PLUS have received more than 200 officers from many African countries to share the knowledge and experience of the SHEP Approach in Kenya. In May 2017, we visited this group with government officers from other countries..*

The group received the visitors from other African countries and Japan sharing their experience.

The group was trained from 2012 to 2013 by former project, called SHEP UP. SHEP PLUS team asked about the changes they had experienced through the SHEP Approach as well as the current situation. That was when we heard a group member, Mr. Mutisya, answered **"Now, I'm boss of myself"**. He knows what to plant, when to plant, and where to sell without being told by anyone. We confirmed the SHEP Approach was still alive in the group and benefitting them. SHEP UP did not provide seeds or fertilizer, nor support certain value-chains, BUT, provided the knowledge to become an agriculture entrepreneur.





Mr. Mutisya  
at his spinach farm.



*The group members are highly motivated. They have made farming as their main source of income. As we speak, the farmer group has become a model to other farmer groups in Machakos County*

*-- Ms. Eunice Sakong- Crops Officer, Machakos Sub County*



*I was in the team visited this group. I was impressed with their well-kept farms as well as the impact which the SHEP Approach brought to them. Farmer like him is a living proof of this approach.*

*--Ms.Yamada, SHEP PLUS*

Mr. Mutisya 's spinach. For the SHEP Approach Expansion, please check → [Click here](#).

For the outline of the SHEP Approach, please check → [Movie of the SHEP Approach](#)