



REPÚBLICA DE MOÇAMBIQUE



SETSAN

# Nutrition challenges in Mozambique and Multi-sectoral program (MENU) in Niassa province

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# Nutrition challenges in Mozambique in relation to SDG Goal 2 “Zero Hunger”

2 ZERO HUNGER



Mozambique is **one of the 22 African countries** with the highest rates of child malnutrition.

Over the past 10 years, the chronic malnutrition rate remained around **43% in children under 5 years of age, and currently 38% (2020)**

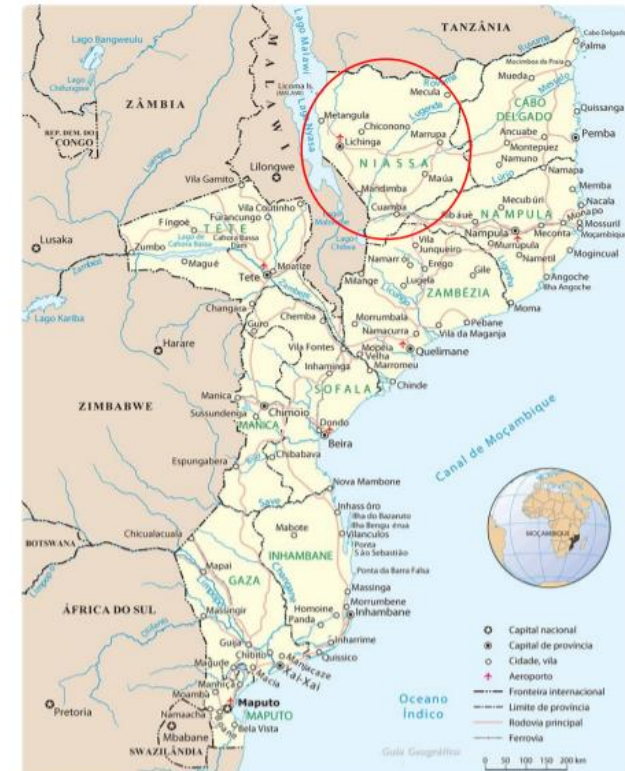
Malnutrition in Mozambique spends every year about **11% of GDP**.

# Nutrition situation in Niassa province

	Stunting: Height-for-age			Underweight: Weight-for-age			Wasting Weight-for-height		
	<i>n</i>	(%)	95% CI	<i>n</i>	(%)	95% CI	<i>n</i>	(%)	95% CI
Majune and Muembe district as of 2019	692	46.2	[43.6 – 48.8%]	300	20.0	[18.0 – 22.1%]	107	7.1	[5.9 – 8.6%]
Niassa province as of 2011 <sup>a</sup>	(n.a.)	46.8	(n.a.)	(n.a.)	18.2	(n.a.)	(n.a.)	3.7	(n.a.)
Mozambique as of 2011 <sup>a</sup>	(n.a.)	42.6	(n.a.)	(n.a.)	14.9	(n.a.)	(n.a.)	5.9	(n.a.)

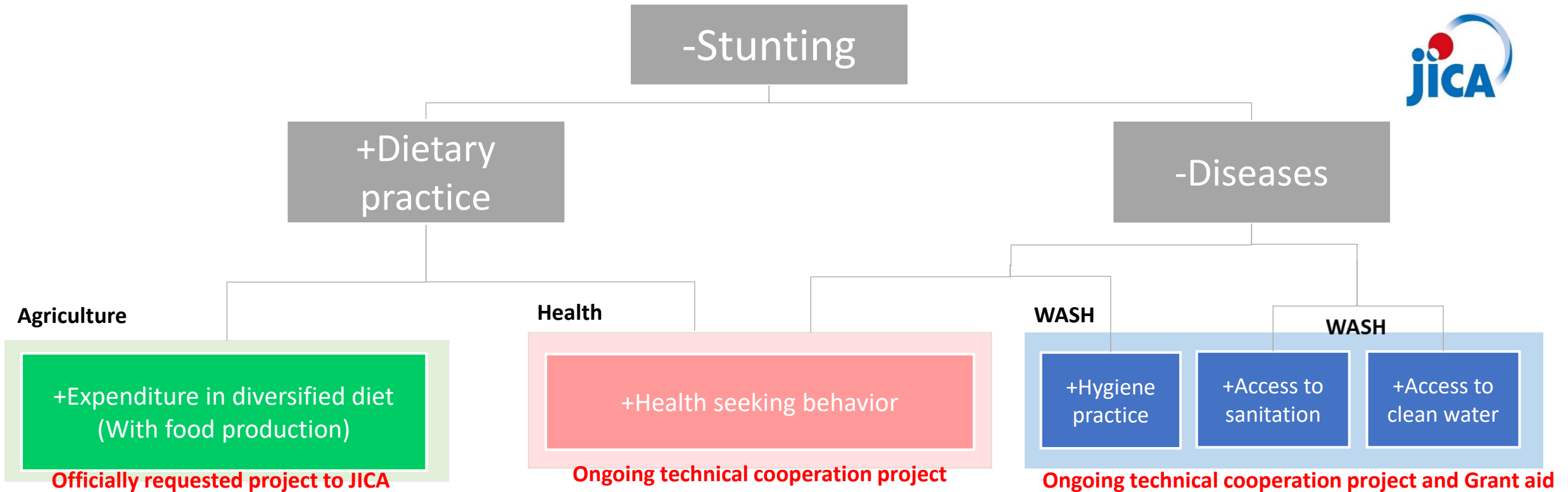
<sup>a</sup> Mozambique Demographic and Health Survey (NIS 2011)

- “Multisectoral Nutrition Household Survey in Niassa Province” (data collection in 2019)
- Nutrition situation: not the worst but worse than average
- Scarcity of nutrition stakeholders and the nutrition interventions



Google: Guia Geográfico Moçambique - Mapa de Moçambique.

# Multi-sectoral Enhancement for Nutrition Upgrading (“MENU”) Program



## Opportunity:

- CONSAN as a multi-sector coordination body at national level already established

## Challenge:

- To establish COPSAN as a multi-sector coordination at provincial level

# ICSA Pilot project in Niassa Province

## Narrative Summary

## Project Period and Target populations

### ● Project period:

From June 2021 to January 2022

### ● Target populations:

**289 households**, from the specific target groups:

- Pregnant and lactating women;
- Children from 0 to 5 years old;
- Fish farmers and/or producers associations
- Individual producers;

### ● Pilot communities:

**11 communities** selected from 2 districts in Niassa Province (Ngauma and Mecanhelas).

Overall Goal	Improvement of nutritional status of pregnant women and children under 5 years.
Project Purpose	To contribute to the availability and consumption of diverse foods by pregnant women and children aged 0-5 years in Niassa Province.
Output 1	To promote the production of nutrient dense vegetables, fish and chicken
Output 2	To improve feeding patterns of target groups through nutrition education