

For ABE Initiative & Innovative Asia Participants

## How to Make Your Internship a Success?

126 participants interned in summer 2021. Let's hear about their advice and experience!

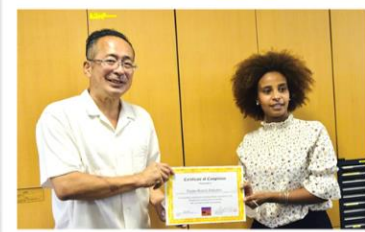


Inspecting production process of Nichiin frozen food products

Make best use of your internship by **building valuable networks** with your co-workers and employers. These connections might prove to be beneficial even after your internship period. During my internship period, I developed **professional, as well as personal networks** with my employers at NICHIIIN FOOD Creative Corporation. Because of that, we are still in contact until now, even **discussing potential future collaborations**.

Mr. IMAN Marvin Nathanael  
Indonesia, Osaka University  
NICHIIIN FOOD Creative Corporation

I interned at Wataki Automobile Co., Inc. because **I worked at an automobile assembling and maintenance company back in my home town**, and I was interested in a company that is well known for car rent, sales and maintenance service in Japan. The internship has **helped me understand the Japanese working culture** and I've learned more about car preventive and breakdown maintenance procedures.



Checking annual car inspection

Ms. TESEMA Bezawit  
Ethiopia, Ritsumeikan Asia Pacific University  
Wataki Automobile Co., Inc.



Below are some points to keep in mind before you get started!



Get-together with coworkers of Maruhachi Tent Co., Ltd

Mr. MUSYOKI Alvin Maruti, Kenya, Tokai University

### Purpose

Choose a company that matches your career goals as well as your research. Then your skills gained will be valuable for your career, education, and life.

### Apply

Check the company's profile and internship offer to ensure it is a good match, and understand what the company requires of you.

### Interview

Understand what value the company is to you, and what value you are to it. Also, try to introduce yourself in Japanese to break the ice.

### On the Job

Try to learn many practical and soft skills. It is important to learn business etiquette early on, such as knowing the formal dress code and the Japanese ceremony of exchanging Meishi (business cards).

#### Message from [NICHIIIN FOOD Creative Corporation](#)

I think everyone who interns at Japanese companies are nervous, but the accepting companies are also nervous. The universal language is "smile." Let's smile and sprinkle happiness around! I'm sure it will be a wonderful encounter.

Ms. Sachiko Kanamori



#### Message from [JICE Internship Team](#)

The most important tips are to:

1. Identify challenges in the home country which could be solved by the services of the accepting organization/company
2. Value punctuality during the internship. Give yourself plenty of time for commute, especially on the first day.

Finally, take advantages of the resources we offer!

E-mail: [jica-internship@jice.org](mailto:jica-internship@jice.org)



Ms. Yoshimi Ijichi

#### CONTACT

- If you have any comments, suggestions or ideas please contact us.
- You are also welcome to share pictures! Your picture will be posted on the top page.

Student Support Team: [student-support@jice.org](mailto:student-support@jice.org)