



Association Eco-Pliva

Tel: +387 30 654 100
Fax: +387 30 654 101
E-mail: info@plivatourism.ba

Pliva Sport Activities

Mob: +387 65 587 302
E-mail: activities@plivatourism.ba

Unis Tours Tourist Agency

Zoran Preradovic
Tel: +387 51 212 992, 212 996
+387 51 223 790, 223 791
Fax: +387 51 217 860
E-mail: unistours@blic.net

Zepter Passport PCO Travel Company

Milena Pavlovic
Tel: +387 51 241 178, 213 394, 213 395
Fax: +387 51 241 136
Mob: +387 65 880 960
E-mail: milena@zepterpassport.com

Green Visions d.o.o.

Tim Clancy
Tel/Fax: +387 33 717 290, 717 291
E-mail: sarajevo@greenvisions.ba
Web site: <http://www.greenvisions.ba>



This program is supported by JICA
Japan International Cooperation Agency
<http://www.jica.go.jp/>

and carried out by JICA Study Team
Tel/fax: +387 33 668 335
Tel2: +387 33 668 312

E-mail: bihecotourism@padeco.co.jp
in cooperation with the followings

Ministry of Physical Planning and Environment (FD),

Ministry of Physical Planning, Civil Engineering, and Ecology (RS),

Ministry of Trade (FD), and

Ministry of Trade and Tourism (FD).

ACTIVITIES: HIKING, TREKKING & MOUNTAINEERING

Natural conditions for mountaineering in this area of Bosnia and Herzegovina are amazing. Trekking, hiking, forest walking, rock climbing as well as classic mountaineering are popular around here since ancient times.

All tracks are adapted for all these activities. Valleys around the river Pliva bend, gentle, rolling hills around Sokocnica and Janja canyons and at the end, a real mountain expeditions to Vitorog are representing a real treat for all lovers of active vacations. With all those commodities, experienced guides are available for all destinations, as well as various equipment needed for these activities.



1906 m above sea level



Vitorog heights

Many combinations in terms of difficulty of terrain are possible. Tourists are encouraged to choose a guide map or a part of it, so they can get to and from various points at their own leisure and speed. They can choose their own rest places and destinations. It is important to emphasize that all mountain points are reachable by terrain vehicle, so return tours could be arranged.

The possibilities for Extreme Sports are fantastic, whether it is paragliding or rock climbing. Canyons and sharp rocks of Janj and Sokocnica rivers are just perfect for people enjoying these activities.

Professional sportsmen will surely find something to suit themselves, along with just average tourists of all ages all-year round.



Forest walking at the Janj's Islands

ACTIVITIES: CAVE EXPLORING

360 caves are located throughout the Pliva River region. Only two have been sufficiently explored to provide tours. Name of the most beautiful cave is »Vaganska«. Approximately 500 meters has been explored and marked. The beauty and wildness of this place is famous for years, but it has not been explored to the end. Another important



Great Hall



Entrance in to Vaganska cave

cave is »Sokolačka« which is located nearby medieval town Sokograd. It is hard to approach, which is the reason why this cave is untouched and conserved all the time. The rich and nature look of this cave is well known wide abroad.

ACTIVITIES: HERB & MUSHROOM COLLECTION

The forests and river valleys of the Pliva River Region contain a diversity of herbs and mushrooms that have many useful purposes. The medical herbs and edible mushrooms found throughout the region are not only attractive, but also have significant economic value. The people of this region use their many natural resources for food, medicines, and fragrances. They also obtain income from the sale of herbs and mushrooms.



Livadarka



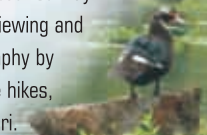
Cantarion

ACTIVITIES: WILDLIFE VIEWING, BIRDING & PHOTOSAFARI

Wildlife viewing is single greatest natural attraction to eco-tourists. This activity is considered to be the most rewarding personal experience associated with nature based tourism. The diversity and abundance of wildlife species, and the opportunity for seeing rare and endangered animals and birds offers the tourist an experience that is unique in the world. The tourist may pursue wildlife viewing and nature photography by means of nature hikes, guided tours, sport fishing, and photo safari.



Photosafari ...



Birding ...