

Lifestyle-Related Diseases Prevention 生活習慣病予防対策		Continuing
		24 participants
Target Countries :		
Course No. : (A)J1704185/(B)J1704186		No. : (A)1784460/(B)1784927
Sector : Health/Other Health Issues		
Sub-Sector :		
Language : (A)English/(B)English		
Outline		
Lifestyle-Related Diseases (LSRD) which is spreading even in developing countries, by dietary changes and motorization, can be prevented by changing individual lifestyles, which would lead to curtail health budget and improved quality of lives. This training focuses on the most effective measures: "Medical and Health Policy" "Health Education" "Exercise", and allows the trainees to experiment the Health Promotion Program.		
Objective/Outcome		Target Organization / Group
【Objective】 Action plan on Lifestyle-related Diseases prevention/control in consideration of current circumstances of each country shall be approved at the respective participating organizations and implemented.		【Target Organization】 Offices/ Divisions/ Departments in charge of Lifestyle-Related Diseases policy in the health administration of central or local government 【Target Group】 Officer in charge of public health, and responsible for LSRD control activities. More than 5 years of working experience in the relevant field.
【Outcome】 (1)To understand and analyze the current situation, support, local resource and problems of LSRD in area of responsibility.		
(2)To understand Japanese experiences, programs and measures of LSRD.		
(3)To compile the direction of policies, programs and projects for LSRD of each country.		
(4)To formulate the action plan on LSRD prevention/control.		
Contents		
【Preliminary Phase】 Preparation of inception report.		Course Period
【Core Phase】		
1. (1)To learn about policies and systems of LSRD control in Japan and Aichi Prefecture.		(A) 2017/05/07~2017/06/11 (B) 2017/11/12~2017/12/17
(2)To learn about LSRD control activities, such as exercise/meals guidance, enlightenment campaign, health promotion measure, resident consciousness survey, and advice at medical check-up and health care.		Department in Charge
(3)To learn about methods of human resource development, program preparation, project assessment and data analysis.		Human Development Department
2. (1)To specify the problems of LSRD, and to select effective and concrete measures.		JICA Center
(2)To formulate Action plan on LSRD prevention/control in consideration of current circumstances of each country.		
【Finalization Phase】 Submission of progress report 6 months after going back to each country.		(A) JICA Chubu/(B) JICA Chubu
		Cooperation Period
		2016~2018
Implementing Partner	(A)Aichi Health Promotion Public Interest Foundation/(B)Aichi Health Promotion Public Interest Foundation	
Remarks and Website	http://www.ahv.pref.aichi.jp/hp/menu000000700/hpg000000656.htm	