Objective/Outcome

Action plan for prevention of NCDs in your organization for making the best use of knowledge obtained during the course is formulated. The plan will be shared in your organization and implementation system for community health including NCDs is enhanced.

1. To understand concepts of epidemiology and analyze basic data.
2. To be able explain measures for data utilization on health sector (planning of health sector policy, monitoring and evaluation.)
3. To be able to explain community health including countermeasures for Non-communicable disease (NCDs) in the Islands.
4. To be able to explain strong point and issues in community health including NCDs countermeasures in your country or area you are in charge.
5. To consider the plan to improve the service in your organization.

Target Organization / Group

[Target Organization] Ministry of Health National/Regional Hospital or clinic, public health center

[Target Group] Administrative official, staff of health center who is responsible for countermeasures of NCDs Has more than 5 years’ experience in this field

Outline

Participants learn topics for enhancement of Community Health including countermeasures for Non Communicable Disease.

1. Epidemiology: Basic knowledge and skill for epidemiology and data analysis. It’s important for planning and implementation of countermeasures based on evidence.
2. Community activities for Primary prevention: Health promotion activities, volunteer activities in the community, nutrition.

Contents

1. Causes of NCDs (Cancer, heart disease, cerebrovascular disease, diabetes), epidemiological study on Islands, protective measure.
2. Method for planning of health sector policy, monitoring and evaluation
3. Overall community health care system in the island, utilization of thalassotherapy, folk music and dance, Community-based volunteer activity for dietary habit improvement
4. Exercise of Problem Tree method, sharing problem among participants.
5. Presentation of country report, making action plan, advice and consultation by course leader, presentation of action plan.

Course Period 2017/10/17～2017/11/17

Department in Charge Human Development Department

JICA Center JICA Kyushu

Cooperation Period 2015～2017