As stated in "International Charter of Physical Education and Sport" (UNESCO, 1978), access to physical education (PE) and sports is regarded as one of the basic human rights, while developing countries are facing various difficulties. This course focuses on dissemination and quality improvement of PE at schools through introduction of Japanese experience and discussions among participatory countries.

**Objective**

Based on the recognition and analysis on situation and challenges of PE in each country, participants develop action plan to disseminate and improve quality of PE.

**Outcome**

1. To understand and share the current situation of PE of Japan and those of participatory countries
2. To identify and analyze the problems of physical education in each participatory country, based on the studies of strategies, policies and activities of physical education in Japan.
3. To propose practical solutions toward the problems of PE in each participatory country.

**Contents**

1. To be compared the current situation of PE of Japan and those of participatory countries
   1. Country report presentation, 2. Overview of PE’s improvement policies of Japan, 3. Draw up of “Comparative chart of PE of each country”
2. Based on the understandings of improvement policies of PE in Japan, the problems of PE of each participatory country are identified and analyzed.
   1. Lectures and site visits including: Concept and idea on PE in Japan, History of PE in Japan, Current situation of PE of Japan (regulations, systems, institution, policies, plans, budget, personnel, etc.), Teaching methods, class management, etc.
   2. Workshops to draw up “Comparatively analyzed chart of education of PE of each country”
3. Practical measures are proposed toward the problems of education of PE of each participatory country.
   1. Presentation of action plans