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|--|---|---|------------------------------|
| Lifestyle-Related Diseases Prevention<br>生活習慣病予防対策   |   | Continuing  |                              |
| Target Countries :   |   |   |                              |
| Course No. : J1804292  |   | No. : 1884460   |                              |
| Sector : Health/Other Health Issues  |   |   |                              |
| Sub-Sector :   |   |   |                              |
| Language : English   |   |   |                              |
| Outline  |   |   |                              |
| Lifestyle-Related Diseases (LSRD), by dietary changes and motorization, can be prevented by changing individual lifestyles, which would lead to improved quality of lives and curtail health budget. This training focuses on the most effective measures: “Medical and Health Policy” ” Health Education” “Exercise”, and allows the trainees to experiment the Health Promotion Program.   |   |   |                              |
| Objective/Outcome  |   | Target Organization / Group   |                              |
| <p>【Objective】</p> <p>Action plan on Lifestyle-related Diseases prevention/control in consideration of current circumstances of each country shall be approved at the respective participating organizations and implemented.</p> <p>【Outcome】</p> <p>(1)To understand and analyze the current situation, support, local resource and problems of LSRD in area of responsibility.</p> <p>(2)To understand Japanese experiences, programs and measures of LSRD.</p> <p>(3)To compile the direction of policies, programs and projects for LSRD of each country.</p> <p>(4)To formulate the action plan on LSRD prevention/control.</p>  |   | <p>【Target Organization】</p> <p>Offices/ Divisions/ Departments in charge of Lifestyle-Related Diseases policy in the health administration of central or local government</p> <p>【Target Group】</p> <p>Officer in charge of public health, and responsible for LSRD control activities. More than 5 years of working experience in the relevant field.</p> |                              |
| Contents   |   |   | 2018/11/1～2018/11/25         |
| <p>【Preliminary Phase】 Preparation of inception report.</p> <p>【Core Phase】</p> <p>1. (1)To learn about policies and systems of LSRD control in Japan and Aichi Prefecture.</p> <p>(2)To learn about LSRD control activities, such as exercise/meals guidance, enlightenment campaign, health promotion measure, resident consciousness survey, and advice at medical check-up and health care.</p> <p>(3)To learn about methods of human resource development, program preparation, project assessment and data analysis.</p> <p>2. (1)To specify the problems of LSRD, and to select effective and concrete measures.</p> <p>(2)To formulate Action plan on LSRD prevention/control in consideration of current circumstances of each country.</p> |   | Course Period   |                              |
|  |   | Department in Charge  | Human Development Department |
|  |   | JICA Center   | JICA Chubu                   |
|  |   | Cooperation Period  | 2016～2018                    |
| Implementing Partner   | Aichi Health Promotion Public Interest Foundation   |   |                              |
| Remarks and Website  | <a href="http://www.ahv.pref.aichi.jp/www/genre/1000100000085/index.html">http://www.ahv.pref.aichi.jp/www/genre/1000100000085/index.html</a> |   |                              |