This course is designed for SUN (Scaling Up Nutrition) participating countries to strengthen participant’s capacity for conducting maternal and child nutrition improvement program. This course aims to learn global issues including SUN movement, effective strategy/measures for nutrition improvement by lectures, and learn measures in Japan for mother and child health (MCH) and community health by observation.

### Objective/Outcome

<table>
<thead>
<tr>
<th>Objective</th>
<th>Target Organization / Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participant engaged in nutrition improvement program at central/local government build capacity of preparing and implementing an action plan to improve maternal and child nutrition, through learning global nutrition situation, strategies for nutrition improvement, good practices in Japan or other developing countries</td>
<td>Central government officials or local authority involved in MCH, community health, and nutrition improvement in SUN participatin countries</td>
</tr>
</tbody>
</table>

### Outcome

1. Participant can explain global trend and international framework (strategy) on nutrition improvement and knowledge of dietetics.
2.Participant learn examples on effective countermeasures and practices for nutrition improvement and can utilize those knowledge to an action plan.
3. Participant learn Japanese specific examples on policies, projects, strategies for nutrition improvement, and can explain how the systems are working on a community basis.
4. By taking above-mentioned outcomes into consideration, participant build capacity to draw up an action plan for the improvement of maternal and child nutrition, and implement it.

### Contents

- Development of an Inception Report includes basic information of a participating organization and challenges that the participant’s country facing.
- Lectures, field visits and discussions cover contents below are provided:
  - Global issues in health sector
  - JICA’s cooperation in MCH/nutrition
  - Malnutrition
  - Maternal nutrition
  - Infant and young child feeding
  - Micronutrients
  - Food preserving and processing
  - Women’s empowerment for household food security
  - Community nutrition efforts and private sectors approaches in developing countries
  - Commodities developed in Japan
  - Japan’s experience in nutrition improvement
  - MCH program
  - Roles of health center and community health services
  - National and local level health promotion measures
  - Maternal and child nutrition in rural areas

- Discussion and development of draft action plan
- Hold a debriefing session in their home country, authorize the action plan, and submit a Final Report within 6 months after the training in Japan

### Preliminary Phase

- Development of an Inception Report

### Core Phase in Japan

- Lectures
- Field visits
- Discussions

### Finalization Phase

- Hold a debriefing session in their home country
- Authorize the action plan
- Submit a Final Report within 6 months after the training in Japan

### Target Countries

- SUN member countries or countries announced their participation in the SUN

### Sector

- Health/Maternal and Child Health/Reproductive Health

### Sub-Sector

- Health

### Language

- English

### Course No.

- J1704236

### Remarks and Website

- SUN: http://scalingupnutrition.org/

### Cooperation Period

- 2017/11/01～2017/12/15

### Department

- Human Development Department

### Department in Charge

- JICA Hokkaido (Obihiro)

### Course Period

- 2017/11/01～2017/12/15

### JICA Center

- Cooperation Period

- 2017～2019

### Implementing Partner

- JOICFP