This course is designed for SUN (Scaling Up Nutrition) participating countries to strengthen participant’s knowledge and capacity for conducting maternal and child nutrition improvement program. This course aims to learn global issues including SUN movement, effective strategy/measures for nutrition improvement by lectures, and learn measures in Japan for mother and child health (MCH) and community health by observation.

### Objective/Outcome

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**Objective**

1. Participants can explain global trend and international framework (strategy) on nutrition improvement and knowledge of dietetics.
2. Participants learn examples on effective countermeasures and good practices draw up a strategy and utilize them for their action plan.
3. Participants can explain Japan’s experiences and strategies on specific case, and how to take necessary measures for nutrition improvement in community health activities, using actual cases.
4. By taking above-mentioned outcomes into consideration, participant build capacity to draw up an action plan for the improvement of maternal and child nutrition, and implement it.

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### Contents

- Development of an Inception Report includes basic information of a participating organization and challenges that the participant’s country facing.
- Lectures, practices, field visits and discussions cover contents below.
- Global issues in health sector, JICA’s cooperation in MCH/nutrition, malnutrition, maternal nutrition, infant and young child feeding, micronutrients
- Food preserving and processing, women’s empowerment for household food security, Community nutrition efforts and private sectors approaches in developing countries, Commodities developed in Japan
- Japan’s experience in nutrition improvement, MCH program, roles of health center and community health services, national and local level health promotion measures (Health Japan 21), maternal and child nutrition in rural area
- Discussion and development of draft action plan

### Target Organization / Group

- Central or local government officials / administrators involved in MCH, community health, and nutrition improvement in SUN participating countries

### Target Organization / Group

- (1) Current Duties: Central government officials/administrators (preferably from the Ministry of Health) or local government officials involved in maternal and child health, community health, community health and/or nutrition improvement.
- (2) Experience in the relevant field: have more than 5 years’ experience in the field.
- (3) Educational Background: be a degree holder, specializing in public health/nutrition, etc.