### Objective/Outcome

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| To be able to formulate Action Plan in consideration of current circumstances of each country, by acquiring the practical knowledge to promote Lifestyle-Related Diseases Prevention. | 1. To understand and analyze the current situation, support, local resource and problems of LSRD in area of responsibility.  
2. To understand Japanese experiences, programs and measures of LSRD.  
3. To compile the direction of policies, programs and projects for LSRD of each country.  
4. To formulate the action plan on LSRD prevention/control. |

### Contents

#### Preliminary Phase
Preparation of inception report.

#### Core Phase
1. (1) To learn about policies and systems of LSRD control in Japan and Aichi Prefecture.  
   (2) To learn about LSRD control activities, such as exercise/meals guidance, enlightenment campaign, health promotion measure, resident consciousness survey, and advice at medical check-up and health care.  
   (3) To learn about methods of human resource development, program preparation, project assessment and data analysis.  
2. (1) To specify the problems of LSRD, and to select effective and concrete measures.  
   (2) To formulate Action plan on LSRD prevention/control in consideration of current circumstances of each country.