

Let's wash hands together



Hand washing can save your life

1 As a small child I was taught to wash my hands with soap many times a day

2 **Huh?** When do we wash our hands?

3 (1) When we return home from outside
Be sure to wash your hands first when you get back home

4 (2) After using the toilet

5 (3) Before meals or snacks

6 **Huh?** Why do we wash our hands so much?

7 Well, our hands and fingers look clean, but

8 If you don't wash your hands before you eat

9 You can get a belly ache, or

10 it can even make you sick

11 I was told to wash my hands with soap after caring for animals

12 and after touching garbage

Did you wash? Sure did! Let's eat

OK!

Actually, there are tons of viruses and germs we can't see

or if you touch your face, germs get in to your body via your eyes, mouth, or nose

12 Look, just like this!

13 Just splashing water on your hands doesn't wash away germs

14 Germs hate soap bubbles

That's why we make lots of bubble and wash away the germs

Oh, wow...

15 **How to wash hands with soap**

Let's slowly count to 30 while washing

1 2 3 4 ...

...Lather your hands with soap...

Get hands wet with water

Add soap and make bubbles

Palms

Back of hands

Both wrists

Under nails

Between fingers

Both thumbs

16 Finally, Completely wash off the soap with water

wipe them with clean towel or thoroughly dry them off...and you're done!

17 But...in my village, we don't have tap water and we need to walk a long distance to collect water

18 Yeah, true. Water is important...

You can still wash your hands with just a small amount of water!

Tippy-Tap
Step on the pole below and water will come out little by little

Hand-washing kit
When you twist Water will come out

Washing with a kettle
Just one cup of water will do!

Put water in kettle and take turns washing hands

so we can only use a little water to clean hands....

Try to use as clean water as possible

19 Let's wash those germs off children's hands throughout the world!

for all children to stay healthy!!

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