

# Kangaroo Mother Care and Breastfeeding Support Training

Saturday 13<sup>th</sup> April 2019

Practical Demonstration Room, Trauma Center

National Hospital Abuja

## Program

Time	Duration	Activity	Facilitator
8:00 – 9:00am	1hr	<ul style="list-style-type: none"> <li>Registration</li> </ul>	Registration Team
9:00 – 9:05am	5 mins	Opening ceremony <ul style="list-style-type: none"> <li>Welcome Address</li> <li>Good will message</li> </ul>	Dr Audu HOD Paediatrics
9:05 – 9:15am	10 mins	<ul style="list-style-type: none"> <li>Introduction of Faculty</li> <li>Introduction of Participants</li> </ul>	Dr Otuneye
9.15 – 9:30am	15 mins	<ul style="list-style-type: none"> <li>Course objectives</li> <li>Ground rules</li> </ul>	Dr Mairami
9.30 – 9:45am	15 mins	<ul style="list-style-type: none"> <li>Pre Test</li> </ul>	All Facilitators
9.45 – 10:00am	15 mins	Overview of Neonatal Indices	Dr Mukhtar-Yola
10:00 – 10:30am	30 mins	Module 1: KMC – Introduction, types, starting KMC	Dr Mairami
10:30 – 11:00am	30 mins	<i>Tea Break</i>	All
11:00 – 11:30am	30 mins	Module 2: Breastfeeding, a basic health promotion strategy in primary care	Dr Otuneye
11:30 – 12:00pm	30 mins	<ul style="list-style-type: none"> <li>Skills Practice</li> </ul>	All Facilitators
12:00 – 12:30pm	30 mins	Module 3: Basics of breastfeeding – getting started	Dr Mairami
12:30 – 1:00pm	30 mins	<ul style="list-style-type: none"> <li>Skills Practice</li> </ul>	All Facilitators
1:00 – 1:30pm	30 mins	Module 4: KMC positioning and feeding during KMC	Dr Mairami
1:30 – 2:00pm	30 mins	<ul style="list-style-type: none"> <li>Skills Practice</li> </ul>	All Facilitators
2:00 – 2:30pm	30 mins	<i>Lunch</i>	All
2:30 – 3:00pm	30 mins	Module 5: Common breastfeeding problems	Dr Mshelia
3:00 – 3:30pm	30 mins	<ul style="list-style-type: none"> <li>Skills Practice</li> </ul>	All Facilitators
3:30 – 4:00pm	30 mins	Module 6: KMC Support, discharge and follow-up visits	Dr Mukhtar-Yola
4:00 – 4:15pm	15 mins	<ul style="list-style-type: none"> <li>Post Test</li> </ul>	All Facilitators
4:15 – 4:30pm	15 mins	<ul style="list-style-type: none"> <li>Closing Ceremony</li> </ul>	All Facilitators

