

Names in Alphabetical Order

- | | |
|-------------------------------|------------------------------|
| 1. Mr. Ademba George | 51. Mr Morah Ezekiel S .M |
| 2. Mr. Ambani A Murgaisi | 52. Mr. Morara Anderea N |
| 3. Mr. Ambasi Cyrus E | 53. Mr Muchiri SR |
| 4. Agnes Nanjala Waundo | 54. Mr Mugo Stephen |
| 5. Mrs. Buyela Margaret W | 55. Mr. Muli Henry A. |
| 6. Ms. Beatrice Miheso | 56. Mr Munene Fred K |
| 7. Mr. Chitai P M .K | 57. Ms. Munyoki Rahab N |
| 8. Ms. Caroline Akoth Kambona | 58. Rev. Murimi J. B. K |
| 9. Mr. Choge Kipsang W. A. | 59. Mr Muriuki C Mwenda |
| 10. Mr. Christopher Shagavah | 60. Ms. Muteti Peninah M |
| 11. Mr. Chwala Ronald D | 61. Mr Muthuri Japheth G |
| 12. Mr. Francis Ombwara | 62. Mr. Mutua Jacob M. |
| 13. Mr. Gachukia Paul N. | 63. Mr Mwangi Joseph G |
| 14. Mr. Gathua Henry Karanja | 64. Mr Mwangi Joseph Kihui |
| 15. Mr. Gatua M S | 65. Mr Mwangi Peter Ngara |
| 16. Eng. H. W. Kihumba | 66. Mr Mwaniki M G. |
| 17. Dr .Hinga P. K | 67. Mr. Nabutaala Patrick M |
| 18. Mr. Juma Edwin Tobias | 68. Mr Ndegwa |
| 19. Mr. Kabugua Erastus | 69. Mr Ndoria Eliud G |
| 20. Mr. Kagombe Joram | 70. Mr Ngokonyo F W. |
| 21. Mr. KahindiDominic N | 71. Mr Njagi Gibson M. N |
| 22. Mr Kahuha Samuel W. | 72. Mr Njuguna John Waweru |
| 23. Mr. Kariuki J N | 73. Mr Nkandayo Joseph |
| 24. Mr. Karueru Joseph P. M | 74. Mrs. Nkirote Florence I |
| 25. Mr Karungani Walter | 75. Eng. Nturibi Joseph P |
| 26. Mr. Khaoya Peter Barasa | 76. Mr Nyaanga Hilary J |
| 27. Mr.s Kibwage Jane M | 77. Mr Nyaga Anthony Njue |
| 28. Mr. Kigo D Nung'u D.W. | 78. Mr Nzomo Edward M. N |
| 29. Mr. Kihungi Mutiithi B. | 79. Mr Ogaja Peter |
| 30. Mr. Kihura Lewis N | 80. Mrs .Ogolla Betty N |
| 31. Mr. Kiiru Samuel | 81. Mr. Ojiambo Joakim O |
| 32. Mr. Kilonzo John Ndunda | 82. Mr. Olum Gondi H |
| 33. Mr. Kipsoo Moses Ronoh | 83. Mr Nyangao James O |
| 34. Eng Kiranga Charles F. | 84. Mr. Omwoyo John F |
| 35. Mrs Koech Anne | 85. Mr Ringera J Gikunda |
| 36. Ms .Kong'ani Rosemary | 86. Mr Rupani Harish |
| 37. Mr. Korongo Benson L | 87. Ms. Rachael Ntoyai |
| 38. Mrs. Kung'u D.W. | 88. Mr Shikuku Fredrick W |
| 39. Mr. Kung'u James Mwathi | 89 Mr. Stephen W. Kagunyi |
| 40. Mr. Kung'u Raphael E | 90. Mr. Samson Kabiru Murigi |
| 41. Mr. Langat Arap E. C. | 91 Mr Tambo Henry O |
| 42. Mr. Macharia Jackson M.N. | 92 Mr Thogo John G. |
| 43. Dr. Mailutha Joseph. T | 93. Ms Thuku Zaweria W. |
| 44. Mr. Majani Edwin Asava | 94. Mr Wachira Paul W. |
| 45. Mrs Mayaka Alice. K | 95. Mr Wainana James M |
| 46. Mr Mbaya John K. | 96. Prof. Waiyaki J Njenga |
| 47. Mr Mbaya Martin N | 97. Mr Wambugu Roman K. |
| 48. Prof. Michieka Ratemo W. | 98. Mrs Wanyonyi Miriam M |
| 49. Mr Misoi Wesley Cherus | 99. Mrs Watani Grace |
| 50. Mr. Mlecha Donald F. | 100. Mr Were H O |

Calendar of Events 2006-2007

Date	Year
August	2006
September	2006
October	2006
October	2006
November	2006
December	2006
December	2006
January	2007

The JEPAK Secretariat has noted that many of our Life Members have changed their contact addresses and thus there is a need for updating our records. Kindly forward your current postal and e-mail addresses, telephone, mobile and fax numbers to:

*The Secretariat officer
JEPAK
10th Floor, Rabimtulla Tower
Upper Hill Road
P. O. Box 50572
Nairobi.*

appear negative, the overall impact of the JEPAK activities has been significantly positive. During the year, JEPAK held its most successful Annual Conference since inception about 30 years ago.

The Annual Conference was particularly important because it addressed the crucial subject of small enterprise development for wealth creation, which is one of the pillars of the government's economic recovery strategy. It was worth noting that participants came from various sectors of the economy with the majority being non-JEPAK Members. In addition the Alumni constitution was extensively revised in line with the needs of a progressive 21st century institution to incorporate

Message from the Resident Representative JICA Kenya Office

It gives me great pleasure to once again share a few words with you in this informative newsletter. It is indeed gratifying to note that JEPAK's activities have continued to grow over time both in numbers as well as in quality. It is my hope that this positive trend will be maintained.

JICA continues using its various development assistance schemes to support the diverse needs of Kenya's developmental agenda. Key area of support has been in Human Resource Development. People are the real wealth of the nations. Indeed, the basic purpose of development is the well being of people and to enlarge the base for human choices.

The process of development, through which economic growth is achieved, can expand human capabilities by broadening the choices people have in order to live full and creative lives. The range of these capabilities that individuals can have and the choices that help to expand them vary. One such choice is to be knowledgeable.

JICA through the "Acceptance of Technical Training Participants Program" has spearheaded the transfer of knowledge and technology required by respective

transparency fundamental s . The preparation a n d publication of a Strategic plan ushers an era of visionary management Within the Alumni a we are favourably c both within Kenya an

year, for example, a b o u t 1 2 0 K e n y a n s participated in various training courses offered by JICA.

As beneficiaries of this scheme, we n o t e w i t h appreciation that JEPAK members have continued to play an important rol efficacy of JICA's dev

The Seminar on Opti Wealth Creation ar November last year, devoted effort in sha empowering low-inc This is in line with the (MDGs) which aims a

used implementation
its objectives and
issues highlighted
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Expected to provide

conducted.

The Alumni's members have continued to involve themselves in activities to support the less privileged in the society as well as supporting initiatives of national concern.



Mrs Jane Kibwage

Some of the activities included, support in kind to the Kwetu Home of Peace Children's home in Madaraka and Masai Girl Child Education programme.

I urge more of our members to get involved in these activities and suggest ways in which we can increase our involvement in this area.

I wish to reiterate to members to rededicate themselves to the Alumni and work towards making it an association to be proud of. Feel free to visit our Secretariat on Rahimtulla Office Plaza 10th Floor to share your views and suggestions. However call or e-mail N Mr Walter Karungani at the Secretariat prior to your arrival.

Let us all endeavour to have closer interactions with other members of the Alumni and increase our participation in JEPAK activities so that we can increase our contribution to nation building.

The JEPAK constitution has been reviewed with contributions from you members in order to improve and strengthen it. We have endeavoured particularly to address weaknesses in the constitution that could make the Alumni vulnerable to exploitation and abuse by unscrupulous elements.

Finally, we look forward to continued growth in our ties with the wonderful people of Japan through JICA for our mutual benefit.

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tion Systems (GIS).
ya-Japan Technical
technology transfer
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ideas and share

been very successful
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reased steadily over

I want my friends who will read this article to start laughing at me. My cultural shocks started from the time I got the letter of acceptance.

First of all, I had never travelled out of the country.... So you guessed it right. I never had a passport. To make matters worse, my Mama never knew where she kept my birth certificate. So there I was stranded with the letter and no birth certificate nor passport.

So what did I do? I went to the AG's chambers for my birth certificate. I was told that I had to get the notification of birth from the hospital where I was born. I was born in a hospital that had collapsed over 10 years back. So who do I ask for a copy of the notification? You guessed right about what I did but I eventually got my birth certificate in a week. After that, I had to walk over to Nyayo House with all the required documents for my passport. The no-nonsense public officer who received me at the counter with no smile, after accepting my documents, told me that I go pick the passport after a month. I told him that I was supposed to be flying out the following week.

"If you are supposed to be travelling next week, you think we sit here and wait for you to bring your application. My friend we do a lot of things here" he retorted.. So I also did 'you know what' and in 2 days I had my passport.

Now I was ready for my departure. So come Monday 6.00am in the morning, I was at JKIA. Can you believe my excitement when I was finally mid-air. After an 8 hour gruelling flight I arrived at Schipol Airport, Amsterdam a real exhausted person but still looking forward to Japan.

I had a 5 hour s stopover and there I was again in a big JAL. Man I was just gazing at those planes with my mouth wide open. *Ndege ya gorofa!! Nilishangaa.*

Funnily enough, the seats were much smaller than the KQ flight I took earlier and thus more uncomfortable taking into consideration that I had just done an 8 hour flight already.

".....the flight to Tokyo will take approximately 12 hours....welcome aboard to Japan Airlines..." continued the Japanese pilot in Japanese English. I almost died of exhaustion before the pilot would finish the announcement. Man another 12 hours on top of the clouds! And man, do I have a phobia for heights! You know I would rather be on the road where I can at least jump out of a moving bus when I see danger and come out luckily with a few bruises but a plane; and with the current world of terrorism! In the KQ flight earlier, a lady who was sitting next to me had to laugh at me because of my nervousness all through the flight.

Whenever there was a slight air turbulence, I would grip my seat to the amusement of the lady. At one point, we were talking with the lady while standing up so that we

was wondering why we because we had just s eventually got used to it Sensei that "Hey Boss, its one was when after a Christian church. When after one hour, the cong break to rest, I almost b control myself.

Another one is when unfortunate part was th the African Region Code and tell them what I wan of communication, it v without my problem beir In another hair-raising i so that I could eat the despite



this time round other to the amusement now surrounding me in t like a scene from the mov What about participa countries? Can you be effectively with them, I them!!! Like a standard for the first time. I feared grammatical mistakes he Kenya to the amusement be polite not to criticise n On the positive side, hospitality, respect for e and hard-working virtuo and understanding. Last food. God, I was most Man, I had to force the imagine eating kuku with missed the Ugali. For t Ugali. The African in me What about an incident congratulations. Man th that I am a homo. I had one day I had to extend r from Asia my hand str

make it more update
new JEPAK vision.
clearly defines the
the organisational
responsibilities of the
term of office. It also
enhance transparency
general membership.

was endorsed by the
9th June 2006 was
review task force
ara (Vice Chairman),
and Paul Wachira
(JEPAK Chairman),
exchanged ideas with
ent Committee and
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comment before
Meeting.

Management

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Meetings. As from
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Committee called a
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al Meeting, presided
Michieka, new office

owage

along Mombasa / Airport road towards the city centre.
We chose to start with the airport road, because this is the
gateway to the rest of the world. When a visitor arrives at
JKIA for the first time and during the dry spell, the
impression one gets is that, Nairobi and Kenya by extension
is a desert and JEPAK wanted to change that perception.

The objective of the tree planting was to beautify the
Nairobi City and preserve environment. We also wanted to
prove that the conservation of the environment is no longer
a preserve of any single person or authority.

The project was to start at the roundabout where there are
elephant murals, a few metres to the entrance of JKIA and
extend to Nyayo National Stadium roundabout when finally
completed. The Nairobi City Council accepted this
concept.

Considering the magnitude of the project, JEPAK thought
of incorporating other key stakeholder. We took on board
City Council of Nairobi (Environment Department),
Kenya Forestry Research Institute (KEFRI), Forest
Department (FD), Social Forestry Dry Areas Extension
Model Development (SOFEM), Japanese Co-operation
Agency (JICA) and Kenya Airports Authority (KAA).
Mastermind Tobacco Company joined us later and
provided us with manure, every time they were requested.
JEPAK remained the implementing and coordinating
agency.

Several meetings were held and Mr. Hisachi Mochizuki,
JICA vice president who had visited Kenya, launched the
project on 16th Jan 2002,. He planted a commemorative tree
Thika Palm, and JEPAK members and other stakeholders
planted over 300 seedlings on that day.

Challenges

This noble idea of planting the trees has not been without
challenges. There is black cotton soil and although a mixture
of red soil, manure, and fertilizer has always been used
during the planting, a number of trees have not survived the
dry windy weather. Two casuals were used to draw water
form KAA Headquarters and carry it on bicycles and wheel
barrows to try and sustain the trees, but some still dried up.
Lack of regular water supply has been a problem.

The planted area was fenced off with cedar posts and
barbed wire to keep off the cattle, goats, sheep and wild
animals. To a pastoralists, a tree is not more important than a
cow. They removed the cedar posts and used them for
firewood and grazed the cattle. Gazelles also ate up their
share. Termites have not also been friendly, for they took
their share of damage during the dry weather.

Way Forward

The City Council by laws states that when you plant and

Management, United States International University (USIU) to the JEPAK Members during the Annual Get-Together



Excerpts by Andrea Morara,
JEPAK Vice- Chairman

Good Evening Ladies and Gentlemen. I hope you
will remain ladies and gentlemen at the end of
the evening!!

It is my pleasure to be allowed to address such a
distinguished gathering with a wide range of professionals
from diverse disciplines.

First of all, seasons greetings (from me and my family) it
is a festive period, we are just emerging from Idd, then
referendum, then Jamhuri and now fast forward to
Christmas and the new year. Though these activities are
commercialized, we can still enjoy ourselves *Ji enjoy-* that
is what we are here for this evening reflect, but ji- enjoy. A
word of caution: whether or not the alcoholometers and
excited cops await you, do not swallow more than the level
at which you are assured of save driving for that would be
unprofessional-like.

We are here to reflect on the contribution of the
professional in development. When I was invited, I was
told your expectations-- address the topic, make it
interesting and also serious! You know that is a
contradiction, but I will try to oblige.

There is a story of two farmers on opposite sides of the
road whereupon a man comes walking by wearing a jacket
with two distinct colours red on the right and black on the
left. The farmers argued and fought. But as they went back
to their positions on the road the man passed again, now
returning from whence he had gone. The one who had
seen red now saw black and vice versa.

They both felt silly and confused, with neither now
shouting about who was right or wrong. So what is the
truth? Is this how many of us perceive our leaders and the
roles they play in national development? a

Do we often jump to conclusions before we establish the
facts? How do we conduct ourselves, as professionals, in
national issues? Do we make a difference or we are just like
the rest of the masses?



Mr. Nyerere address

So when we hear one of
home, do we thank him for
here despite the attractive
him because we believe
winters out there?

It is often said that Africa
family- values and poor w
to me what this means b
As a professional what
issues as corruption? Are
help his/her child cheat t
you children and other y
wealth? Do you condone
is from your village or trib

Back to the brain drain.
need to create a conc
professionals come back
going to create the enviro

The big question is who
that a true professional m
should be able to appreci
the critical issues of his co

A true professional must
understanding the issue
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True professionals must
our youth. They must

...raters. Professionals
...try's social, economic
... is how the political
... of our development
... professionals can set the

...sycophant to a cause or an individual that is clearly not for
... the good of this country. Such sycophancy is the height
... of immorality for a professional. Let us be the beacons of
... moral fortitude and true leadership for the development
... of our country.

Thank you and keep your New Year resolutions

...re role models. What

...TS NEW BENCHMARKS

...function of the Central Bank of Kenya.

An inspiring case study was given by Professor Thairu, Managing Director of Jomo Kenyatta University of Agriculture and Technology Enterprises. He told participants about the successful MSE incubation ventures being spearheaded by the University as well as the range of marketable products that have been developed by the University that can be commercialised by the MSEs.

Other speakers included Mr. Harry Ndeto, Consultant Small Enterprise Development and Information Centre (SEDIC) who talked on the financing of MSEs; Mr. Charles Ondieki, Secretary, NJEMA talked on the problems being experienced by MSEs due to poor or non-existent infrastructure and proposed several ways of overcoming the barriers to the success of MSEs. Mr. John Nyerere, a lecturer at the United States International University (USIU) gave a stimulating presentation on capacity building for MSEs and challenged the participants on the need for attitude and

...s, from all sectors of
...ar's JEPAK Annual
...e best attended so far.
... Mr. Yoshiaki Kano,
... it was an extremely
... is speech applauded
...elopment and poverty
...he members acquired
...icipants about JICA's
...ference on 30th
...tel. The theme of the
...potential of Micro and
...Wealth Creation and
...as derived from the
...h was launched by the
...The event was well



Mr. C. Ondieki of NJEMA addresses participants on infrastructure and market development for small businesses

...culture change to suit modern business practices. Mr. Naftali Nduigire of the National Management Authority (NEMA) talked on the Environmental and Safety Concerns for MSEs. He particularly highlighted the POLLUTER PAYS PRINCIPLE and the need for MSEs to consider environmental sustainability. Mr. Opiyo, General Manager, Kenya Industrial Estates (KIE) presented on KIE's support to the MSEs over the years especially in financing of

...nsure quality jobs as a
...l business growth. Dr.
...ntral Bank, gave the
...ais behalf by Mr. Juma
...inance. In his speech,
...ce of MSEs in the
...outlined the role of the

A... sooner than they would like. But what is Avian Influenza (Bird Flu) and how likely are you to catch it?

Avian Influenza is an infection caused by avian (bird) influenza (flu) viruses. These flu viruses occur naturally among birds. Wild birds worldwide carry the viruses in their intestines, but usually do not get sick from them. However, avian influenza is very contagious among birds and can make some domesticated birds, including chickens, ducks, turkeys etc very sick leading to their death.

Infection with avian influenza viruses in domestic poultry causes two main forms of diseases that are distinguished by low and high extremes of virulence. The "low pathogenic" form may go undetected and usually causes only mild symptoms (such as ruffled feathers and a drop in egg production). However, the "highly pathogenic" form spreads more rapidly through flocks of poultry and can occasion mortality rates of up to 90-100% within 48 hours.

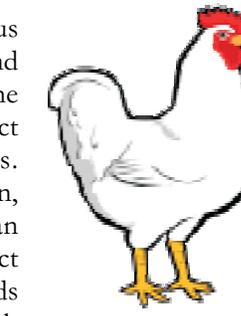
Infected birds drop the influenza virus in their saliva, nasal secretions, and faeces. Other birds may then become infected when they come into contact with contaminated droppings. Domesticated birds, such as chicken, may become infected with avian influenza virus through direct contact with infected birds or through feeds and drinking water or contact with surfaces or materials that have been contaminated with the virus

Bird Flu viruses (H₅N₁) do not usually infect humans; however there are a number of confirmed cases of human infection with bird flu. Most cases of avian influenza infection in humans have resulted from direct or close contact with infected poultry (e.g., domesticated chicken, ducks, and turkeys) or surfaces contaminated with secretions and excretions from infected birds.

The spread of avian influenza viruses from person to person is rare. During an outbreak of avian influenza

...almost identical to typical
...such as fever, cough, so
...could also include eye i
...respiratory problems.
...Avian Flu often leads t
...The symptoms will va
...virus subtype and str
...therefore prudent to se
...symptoms are detected
...poultry industry. A lab
...influenza in humans.

Whereas treatment for
...basically the same as fo
...viruses, caution is neede



*there is an outbreak in your
...products, so long as they are
...hygienic conditions.*

Even in areas experien
...can also be safely con
...properly cooked and
...preparation. Normal ter
...in all parts of the food) v
...to be sure that all parts o
..."pink" parts) and that e
..."runny" yolks).

It is however advisable v
...poultry products, and

...sentence any
...have it eat, well
...o on.



Beatrice Miheso

...protect and love yourself.
Anger can be a powerful positive force that can drive people to get involved in AIDS activities. For some people, discovering that they are HIV Positive can actually bring relief from uncertainty or you may have been bothered by health problems without understanding why you had them. Knowing can bring some relief and allow you to take action.
Let us continue coping with HIV Positive status in this new era.

Anger Can Be A powerful Positive Force

...en to you
...you maybe you got it
...d transfusion or an
...prayed for, get saved
...medicine man, get some
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...and there is no cure,
...about it and look for



- Ms Beatrice Miheso works at the Kenya Medical Research Institute (KEMRI)

Discriminations?
...so that you can make
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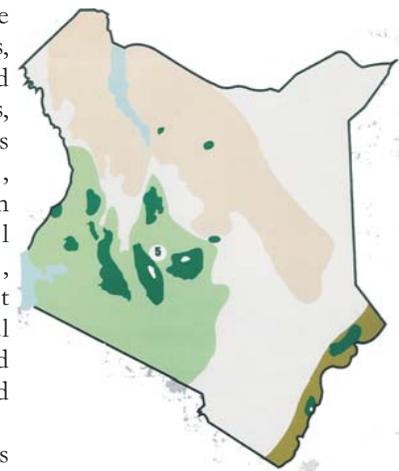
WONDER HERB FOR MALARIA
By Rachel Ntoyai

Artemisia annua is a woody shrub whose chemical derivative, 'artemisinin' is the ingredient for conventional treatment of Malaria. The Chinese have been using to treat fever for 2000years! The dried leaves are ground to make tea that is then used as the Malaria treatment. It is proving to be an effective and natural Malaria treatment. Research and multiplication of the plant as well as production has been undertaken in several parts of this country, including Nakuru in the Rift Valley, and Thika.

Recently, the World Health Organisation (WHO) ranked it as top defence against Malaria! According to the Director of Medical Services the Artemisia Combination Treatment (ACT) will soon be introduced in public Hospitals.

Since Malaria is the number one killer disease in the country and the fact that the Malaria strain is becoming

Mvarious organisations involved in environmental activities in Kenya. The categories of organisations covered included Governmental organisations, private sector organisations, academic and research institutions, United Nations agencies, international non governmental organisations, development agencies, regional organisations and community based organisations.



Key organisations were sampled out in the different thematic areas for focussed discussions and interviews on their mandates, activities, programmes and activity coverage, collaborating partners, donors, networks, publications, core values and future programmes. The results of this study have been analysed and organised into a database. A directory of the various organisations detailing their profiles activities, physical address and contact persons was also produced. The findings of this study, the database and draft environmental actors were presented to a select group of actors for discussion. This study was undertaken by community oriented project support organisation (COPSO) with funding from the Heinrich Boell Foundation (HBF).

Major Finding
Nairobi hosts the United Nations Environmental Programme (UNEP). It is sometimes called the world capital on Environment. Kenya also hosts the Headquarters of several global and regional environmental organisations like the IUCN, EICI, HBF, World Agro forestry Centre etc. Despite this fact, since the collapse of the Kenya Environmental Non Governmental Organisations (KENGO) in the nineties, Kenyan environmentalists do not have a rallying point or an organisation which they can say represents them. Working on this directory turned out to be a beginning to creating some order in the sector which has very many actors doing wonderful work but do not even know of each other's existence.

Others are charlatans and exist only on paper. In the process of gathering information for the directory, some of the difficulties encountered by the research team

...information and best
...annual Environmental D

Main outputs

A directory of environm compiled. It is hoped th model has already been developed. The directory based, linked to other da within and out of the Re proposed that the direct inclusive in the future. A agreement by workshop process to bring together sector in Kenya under th

LAMENTATION: WHERE DID

By Rachel Ntoyai
I was impressed by an artic NO. 5) on Trees of life: india million Ha, is forested! Compare to Kenya's less people of Japan have tak volunteers put in a lot of eff artificially grown forests (4 forest cover of Japan cou conditions such as plenty o precipitation per year), the also played a great part conservation and agro-for the effort of the people t forests and the power of n same for our beloved coun A has been providing fores e.g. social forestry man Kenya, Green Earth Netw the Tree planting projec beautification/greening of Lastly, two inspiring quot forward, if humans put in protect the environment a says Soda Masayuki of the Japan.

"The planting of trees leads to use forestation to give p future" and "Trees planted by bringing richness into president of Swingy 2020, Japanese companies that This is not different from Maathai quote "nature is



Above: The best dressed lady of the evening at the 2005/2006 Annual Get Together, Dr Sarah Olemba, receives her prize from the former Deputy Police Commissioner, Mrs Mary Mwangangi (In red & white).



Mrs. Jane Kibwage, JEPAK Chairman with a guest (in glasses) and a member, Ms Consolata Kimuya look on as the MC calls those present to order.



Mr. and Mrs. John Mbaya move to the floor to open the dance during the Annual get together as the JEPAK Advisor, Ms Saito (inset) looks on



Mr Walter Ntoyai we Represent Together



Enjoying their glass of juice: From right to left Mr. Paul Wachira Management Committee member, Susan Gathu JEPAK Supervisor and Mr Peter N. Nyarige.



A JEP. Memb Rachel of the Maa C raising educat pastor Chairm repre