## Sample Form of Developing Action Plan

	Detailed activities	Responsible persons to implement	Necessary resources/ collaboration				lm										
					1	2	3	4	5	6	7	8	9	10	11	12	Indicator
1.	(example) Conducting exe																
•	Train one or two exercise trainers.	MOH, PHNO, PHI	•	Instruction text. Exercise video.	✓	✓											Conduct the exercise every
•	Find a place for exercise	DS, MOH, PHNO, PHI, GN	•	Meet elderly committee members and discuss Visit temple, school.	✓	✓											week • More than 300 elders
•	Coordinate with the hospital, MOH office, DS office, elderly committee	GN, PHNO, PHI	•	Discuss how to gather elders Make posters, etc.	✓	✓											participate in the exercise in a year.
•	Conduct exercise program	Trainers	•	PC, Projector, Screen, etc.			<b>✓</b>	<b>✓</b>	<b>✓</b>	✓	<b>✓</b>	<b>✓</b>	<b>√</b>	<b>✓</b>	✓	✓	
2.																	
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4.																	
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