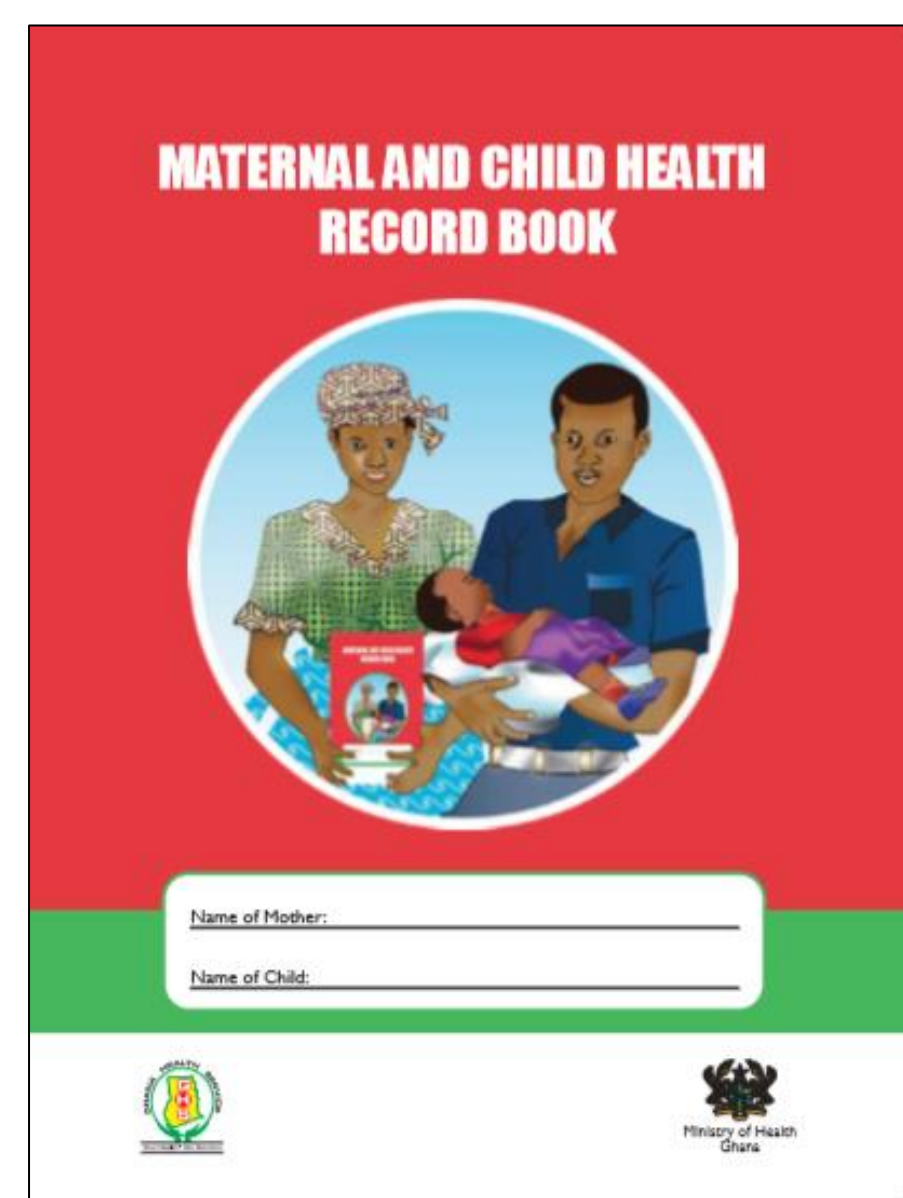


# The first Monitoring and Supervision Maternal and Child Health Record Book national roll-out

## Background

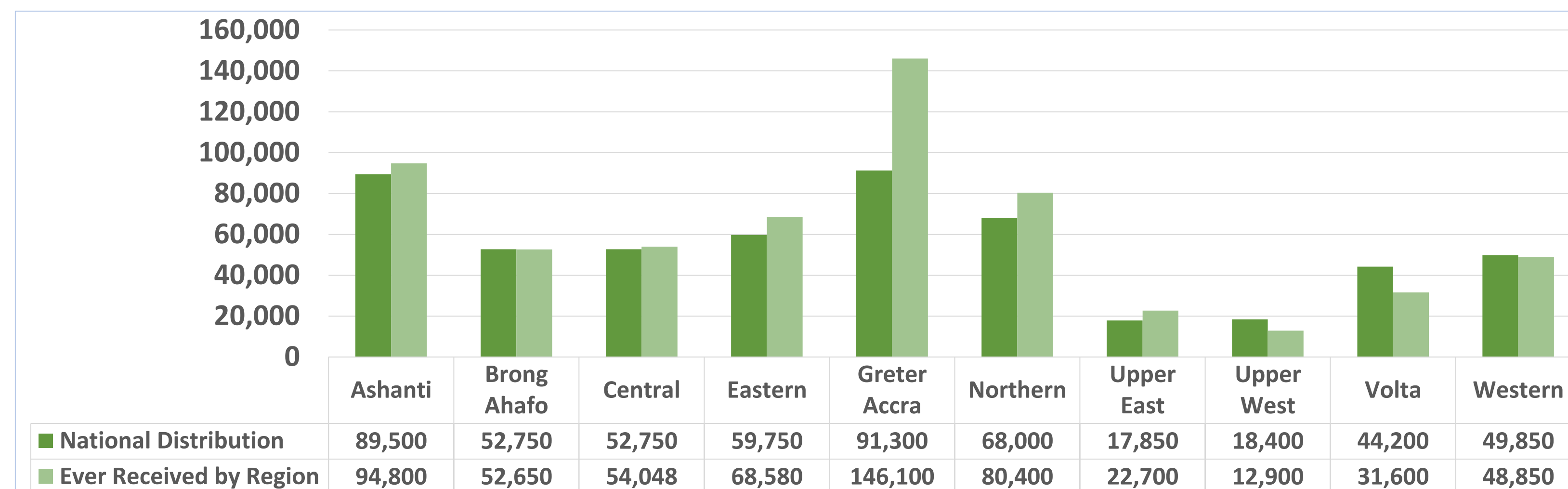
The Maternal and Child Health Record Book is a home-based health record for mothers, newborns and children. The Ministry of Health, the Ghana Health Service and the Japan International Cooperation Agency (JICA) have worked together with stakeholders since 2016 on the development of the book. The New Combined Maternal and Child Health Record Book (MCHRB) was launched in March 2018 and was followed by a national rollout which is ongoing across the country.



## Results (Cont.)

- Poor logistic management was observed. Reported number of MCHRB received in regions were significantly different from the number of national distributions. (Figure 1) Only 39 facilities (41%) had a tally card for MCH RB.
- Out of 34 districts visited, 25 districts (73%) conducted trainings for all facilities in the district. While 91% of MW at CHPS level were trained, only 61% of MWs at the hospitals had received training.
- Incomplete and/or inaccurate recording of MCH RB was observed.
- Many health workers did not conduct health/nutrition counseling appropriately.

Figure 1: Reported number of distribution by national and received number by region



## Progress of national roll-out 2018-2019

In 2018, Trainings of Trainers (ToT) on the effective use of MCHRB were conducted in all 10 regions resulting in 869 national, regional and district facilitators trained. The facilitators were expected to ensure to conduct downstream trainings for health in all health facilities. The first Monitoring and Supervision (M&S) was conducted in all 10 regions in the first quarter of 2019 to assess the status of implementation.



## The first Monitoring and Supervision

### Objectives

- 1) To assess the use of MCH RB by health workers
- 2) To strengthen the capacity of health workers on the effective use of the book and
- 3) To document best practices and challenges to improve the MCH RB implementation.

### Methods

A M&S tool was developed for the various administrative levels. In each region, the monitoring teams visited the Regional Health Directorate, 3 District Health Directorates and an average of 9 health facilities within one week. The monitoring teams visited 10 RHDs, 34 DHDs and 95 health facilities in 10 regions from January to March 2019.



### Results

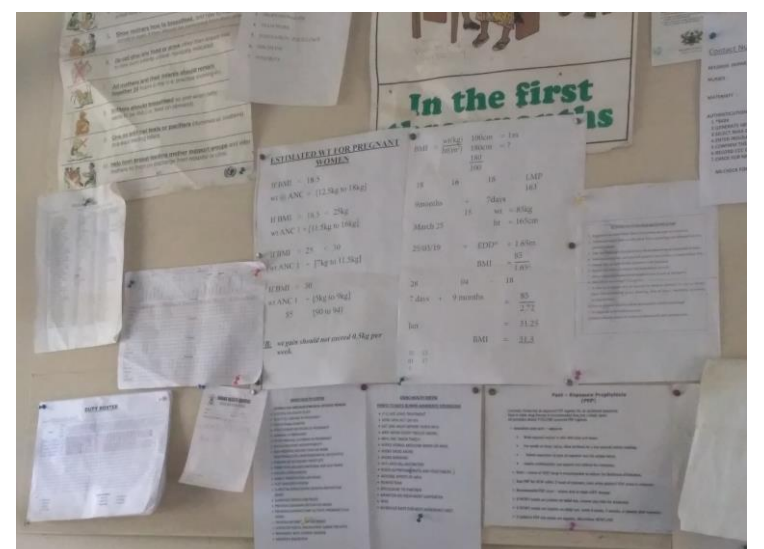
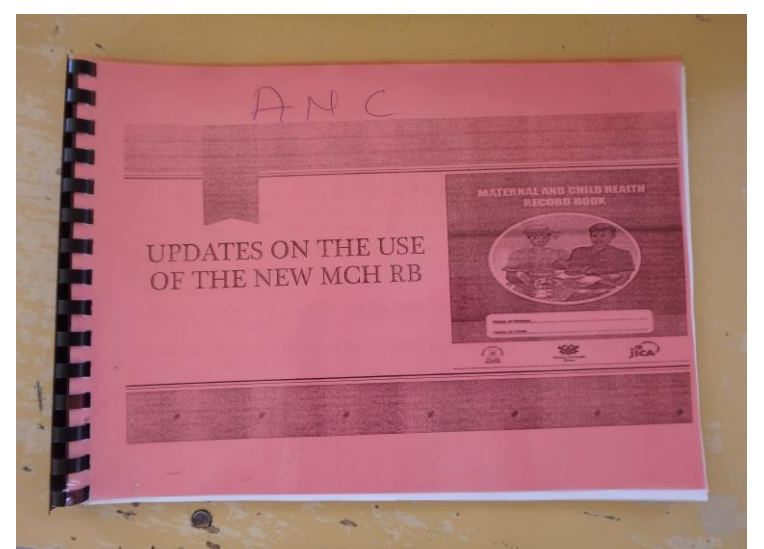
- Out of 95 facilities visited, 82% were using MCH RB.
- The supply of MCH RB was not adequate for the eligible population in the country although 1.2 million books were printed.
- Necessary items to utilize MCH RB such as length board, star stamp and User Guide were not enough for health facilities.

## Good practices

Several good practices were found during the M&S.

- ★ **In Brong Ahafo Region**, for easy track and monitoring of the books, RHD was taking the initiative to code the consignments of books.
- ★ **In Upper East Region**, strong teamwork between Nutrition unit and RCH was observed at the Regional Hospital, ensuring that nutritionists were always available during ANC and CWC for nutrition counseling and follow-up.
- ★ Star stamps were reproduced at several districts by IGF.
- ★ **In Nadowli-Kaleo of Upper West Region**, District made a sub-reference book which explained how to calculate Estimated Date of Delivery and Body Mass Index.
- ★ BMI and Desired Weight page of User Guide was on the wall of ANC room; strategically posted for easy reference.
- ★ **In three districts of Volta Region**, facilitators took opportunity of meetings, report submission period and/or other trainings to talk about the book and the usage.

Congratulation!!



M&S teams haven't visited all districts nor facilities. Please tell us your good practices on MCH RB!!

## Way forward; activities 2019-2020

- ◆ Training and M&S in all 16 regions
  - Trainings at major hospitals
- ◆ Development of Audio-Visual Aid and exploration of e-learning system
- ◆ Activities at 11 focus districts in Ashanti region
  - Training and M&S on MCHRB, Nutrition Clinic and Respectful Care
  - Community sensitization and development of BCC materials
- ◆ Development of Management Guide
- ◆ Coordinate with Stakeholders for printing and sustainability

### Ghana MCH Record book Project

- Project for Improving Continuum of Care for Mothers and Children through the introduction of combined MCH Record Book -

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