

# Ghana Maternal and Child Health Record Book Project

## Period:

April 2018– January 2022 (3 years and 9 months)

## Overall Goal:

More women and children complete Continuum of Care (CoC).

## Project Purpose:

More women and children utilize quality MCH services.

## Expected Outputs:

1. MCH RB is developed and rolled out to nationwide.
2. Capacity of effective utilization of MCH RB is strengthened among health workers and mothers.
3. MCH RB is institutionalized and integrated into routine services for sustainability

## About us

This is a technical cooperation project among the Ministry of Health, the Ghana Health Service and Japan International Cooperation Agency.



## Ghana MCH Record Book Project

Project for Improving Continuum of care  
for Mothers and Children  
through the introduction of  
combined MCH Record Book

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# Maternal And Child Health Record Book Project



Ministry of Health  
Ghana Health Service  
Japan International Cooperation Agency



## Development of the MCH RB

The Ministry of Health and the Ghana Health Service (GHS) developed an Integrated Maternal and Child Health Record Book (MCHRB) with technical and financial support from Japan International Cooperation Agency (JICA). The main purpose is to fill the gaps of maternal and child health services with better coverage of continuum of care (CoC) with quality.

## Launching Ceremony

Maternal and Child Health Record Book was developed and tested for two years and HE Ms. Samira Bawumia, the Second Lady of Ghana, announced the launching of the book in Ghana on 2nd March 2018 at Cape Coast.

## The characteristic of the MCH RB

- Health Records of mother and child in one book (immunization, birth, growth, ECD etc.)
- CoC Card and star stamps
- Health and Nutrition messages
- Illustrations for all mothers
- Male involvement and family support

*Dear Mothers*

*Congratulations on your pregnancy!  
Please bring your MCH RB any time you visit the health facility. Please read it at home with your family. MCH RB is a gateway for health and wellbeing for entire family.*

## Achievement 2018-2020

National rollout of the MCH RB is in progress. At least 1.5 million MCH RB were printed and distributed nationwide. Training materials including trainers' guide, participants' manual and User Guide were developed. 869 Facilitators (Trainer/ Supervisor of MCH RB) for all regions and districts were trained and health worker training is on-going. At least 1,269 health workers have been trained by the Project already and the Project continues to support the training. The monitoring tools were also developed, and the 1<sup>st</sup> National Monitoring Supervision as well as that in 11 districts in Ashanti region were conducted. Partners also supported the printing MCH RB and the training of health worker.

## Introduction of Nutrition Counseling Services and Respectful Care

The availability of MCHRB offers a great opportunity for improving the delivery of integrated MCH and Nutrition services and strengthening continuum of care. This should be explored to make antenatal, postnatal care and child welfare clinics a one-stop service with strong nutritional component. Through project intervention, it is expected that health care providers will become able to provide nutrition counseling services and MCH services effectively in a respectful manner.

Training package for Nutrition Counseling Services and Respectful Care through MCHRB was developed. Baseline survey and situation analysis was conducted in Ashanti Region before intervention.



## Main Activities 2021

- Continue to support health worker training and Monitoring and Supervision.
- The 2<sup>nd</sup> National Monitoring and Supervision as well as that in 11 districts in Ashanti region will be conducted.
- National review meeting on MCH RB will be conducted.
- BCC activities will be conducted in 11 districts.
- End-line survey will be conducted in August.
- Management Guide will be finalized for sustainable and effective utilization of MCHRB with various stakeholders.
- Dissemination workshops will be held to share good practices of MCHRB implementation.