

ANNEX 5 PREGNANCY TRACKING FORM

Barangay/Catchment **Kalayaan**
 Municipality **Dulag**
 Province **Leyte**

CHT In-Charge **Isabel Abano** Position: **BHW**
 Name of Midwife **Maricol Babatuan**

Indicate Specific Date

 Dulag Rural Health Center
 Name of **Basic Emergency Obstetric and Newborn Care (BEmONC)** facility

 X street, Dulag
 Address

 Leyte Provincial Hospital
 Name of **Comprehensive Emergency Obstetric and Newborn Care (CEmONC)** facility

 Palo, Leyte
 Address

Indicate the expected period of Home Visit. Count starts from the following date of LMP

No	Name of Pregnant Woman	Age	Address	LMP: Last Menstrual Period EDD: Expected Date of Delivery		Birth & Emergency Plan	Home Visits by CHT (Specify DATE) *Top is for cut off date, and the bottom is for the actual date of Home Visit				Prenatal Care by midwife (DATE)				Place of Delivery	Pregnancy Outcome*	Other HV conducted	
				1	2		3	4	1	2	3	4						
				1st trimester (0-84 days or up to 12 weeks)	2nd trimester (85-189 days or 13-27 weeks)		3rd trimester (190 days/28 weeks or more)	3rd trimester (190 days/28 weeks or more)	1st trimester (0-84 days or up to 12 weeks)	2nd trimester (85-189 days or 13-27 weeks)	3rd trimester (190 days/28 weeks or more)	3rd trimester (190 days/28 weeks or more)						
1	Melissa Mallino	30	ROW 7 #8 Barangay Kalayaan	4/15/2014	1/20/2015	✓	✓	April 16 - July 9	July 10 - Oct 23	Oct 24 - Dec 23	Jan 13	7/4/2014	10/15/2014	12/16/2014	1/10/2015	Dulag RHU	NSD / O	
								07/01/2014	10/10/2014	12/5/2014	1/5/2015					1/23/2015	LB	
2	Irene Cruz	20	ROW 13 #8 Barangay Kalayaan	5/5/2014	2/9/2015			May 6 - July 29	July 30 - Nov 12	Nov 13 - Jan 12	Feb 05					AA health facility (Pvt.)	NSD / O	
									9/9/2014			9/10/2011				9/10/2014	MC	9/12/2014

Refer to MC Book P3

***PREGNANCY OUTCOME:**

- 1. Mark if the woman has a MC Book
 - 2. Mark if she completed her Birth Plan (p.14 of MC book)
- Find out "WHY?" if there is any incomplete column!!**
- Circle the appropriate item, and describe the status**

DIRECTIONS

- **CONFIRM** the client's Last Menstrual Period (LMP) and compute EDD. Ask midwife to verify computation.
- **ASK** mothers about each status on the column, and then **CHECK the Mother and Child Book** for accuracy. The date should correspond to mother's prenatal checkups. **Refer to MC book (P3)** for the dates of prenatal care by midwife.
- Check your calendar and note: **First Trimester:** 0-84 days/up to 12 weeks, **Second Trimester:** 85-189 days/13-27 weeks, **Third Trimester:** 190 days or more/28 weeks or more. Home visits should be done at least one week before the end of first trimester, and each visit must be done before the prenatal care/prenatal check up by Midwife.