



**Cordillera-wide Strengthening of the Local Health System
for Effective and Efficient Delivery of Maternal and
Child Health Services**

Local Health System

TRAINING MODULE

Trainee's Guide

**Cordillera Administrative Region
July 2012**



Foreword

Local Health Systems development is a strategy to help all of us in the health sector to advance ever closer toward the achievement of our dream of Universal Health, or *Kalusugan Pangkalahatan*. Working on the premise of achieving better health through partnerships, both inter-local and inter-national, the Center for Health Development-Cordillera (CHD-CAR), the Benguet Local Government Units, the Japan International Cooperation Agency (JICA) and the System Science Consultants, Inc. (SSC) collaborated to produce this Local Health System Training Module. This module is one of the planned outputs of the JICA-assisted **Project for Cordillera-wide Strengthening of the Local Health System for Effective and Efficient Delivery of Maternal and Child Health Services**. The project is focused on Abra and Apayao, and builds largely on the experiences of the Province of Benguet which were gained from the newly-concluded project also JICA-SSC assisted “Project of Strengthening of Local Health System in the Province of Benguet”. In effect, the health workers in Benguet are now acting as mentors, sharing their knowledge with the new project sites.

Being a knowledge management tool, the Local Health System Training Module is part of the toolkit intended to standardize the capability building efforts of the CHD –CAR. This tool is intended as a guide to translate the basic “whats”, “whys”, and even the “how-tos” in inter-local health zone development into reality. Although this module was based theoretically on existing books, policies and other documents on health system development and reform, it is made practical by the actual examples and experiences of the Inter-local Health Zones (ILHZs) of Benguet, other ILHZs in CAR, and even in other regions of the Philippines.

We are excited to pilot these two Manuals in Abra and Apayao, even as we anticipate its utilization by the other newly-formed or re-vitalized ILHZs in the Cordillera, and possibly the rest of the country. We are sure that these Manuals will be a noble legacy which the writers and funders will leave to our future generations, who will surely reap the fruits of the seeds of partnerships and cooperation that we have planted.

Agbiag ti Cordillera!


JUDITH N. ALLAGA, MD, MHA, CESO IV
OIC Director IV

June 2012

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Acknowledgement

This training module was made possible through the joint efforts of the Department of Health - Center for Health Development, Cordillera Administrative Region; Province of Benguet; Japan International Cooperation Agency; and System Science Consulting, Inc. It responds to the need for capacity building of Local Government Units to strengthen their local health system particularly through Inter-Local Health Zones. The modules contain the learnings and experiences acquired from working in health sector reforms currently implemented in the Philippines.

The Local Health System Training Modules serve as generic materials that can be adapted according to different situations. Nevertheless, the materials encompass overarching principles applicable across provinces and municipalities to guide and strengthen the management capacity of Local Chief Executives, Local Health Managers and other key stakeholders.

We express our sincere gratitude to the following resource persons who contributed in developing these modules:

<i>Resource Person</i>	<i>Module</i>
<i>Dr. Amelita M. Pangilinan, LHSuD Chief, CHD</i>	<ul style="list-style-type: none"> <i>Kalusugan Pangkalahatan and the Millennium Development Goal</i>
<i>Dr. Janice Z. Bugtong, Chief A.O., CHD</i>	<ul style="list-style-type: none"> <i>General Concepts of Inter-Local Health Zone (ILHZ)</i>
<i>Ma. Angeles G. De Guzman, Stat. III, CHD</i>	<ul style="list-style-type: none"> <i>Role of ILHZs to strengthen the Health Information Management</i>
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<i>Dr. Maria Imelda C. Ulep, Chief Technical, PHO Benguet</i>	<ul style="list-style-type: none"> <i>Monitoring, Supervision and Evaluation</i> <i>The Two-way Referral System</i>
<i>Dr. Jo-Ann G. Fianza, MHO, Kibungan, Benguet</i>	<ul style="list-style-type: none"> <i>The Common Health Trust Fund</i>
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<i>Dr. Joseph Giovanni C. Frias, M.O. IV, AEH, Benguet</i>	<ul style="list-style-type: none"> <i>Mechanism in sharing health human resources</i> <i>Training</i>
<i>Marilyn B. Dizon, SIO I, PhilHealth Benguet</i>	<ul style="list-style-type: none"> <i>National Health Insurance Program</i>
<i>Dr. Makoto Tobe, Chief Advisor, JICA-SSC</i>	<ul style="list-style-type: none"> <i>Introduction and Rationale of the Training</i> <i>Action Planning</i>
<i>Roland Eric Macanas, JICA-SSC</i>	<ul style="list-style-type: none"> <i>Integration of Maternal, Newborn and Child Health and Nutrition at the ILHZ Agenda</i> <i>Opening/Closing Sessions</i>

Special thanks also go to the following:

- Provincial Health Teams from the provinces of Apayao, Abra, Kalinga, Mountain, Ifugao and Benguet that participated in pretesting the module.
- Governor Nestor B. Fongwan of Benguet Province and his Provincial Health Officer, Dr. Esteban T. Piok, for sharing their experiences and expertise on local health system; and
- Ms. Judith Louise Daoas, Mr. Patrick Pineda and Diana D. Palangchao of Planning Unit-CHD-CAR for designing and lay-outing the cover of the module.
- Ms. Rosella Camte-Bahni for editing the module.
- Mr. Shuji Noguchi, health system consultant of JICA-SSC, for technical guidance.

Lastly, we would like to express our appreciation to JICA-SSC team headed by Dr. Makoto Tobe for providing technical guidance and financial support to produce this module.

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Introduction

Background

Local health system development in the Philippines has been the focus agenda of the Department of Health (DOH) since the early 90s, often in a context of on-going health sector reforms. It was deemed a bold measure to advance performances to deliver quality health care services. Through Local Health Systems, the DOH aims to: (1) expand the effective coverage of national and local public health programs, (2) increase access, especially by the poor, to quality health services by both private and public providers; and (3) reduce the financial burden of individual families in accessing quality health care through expansion of the National Health Insurance program.

Decentralization of health services is central in attaining health sector reforms, and consequently, there is a need to prepare and empower those working at the local level in their new responsibilities and accountabilities through collaboration between and among local stakeholders.

Specifically, Local Government Units (LGUs), intent on improving their health service delivery, must promote a functional and sustained local health system linking municipal and provincial health facilities and resources, such as the Inter-Local Health Zone experienced by Benguet province. Thus, various local government units are requesting technical assistance in establishing their Inter-Local Health Zones, which functions best through active collaboration and cost-sharing among the Local Government Units (LGUs) with the same catchment area.

This training module was thus developed to capacitate management teams of Inter-Local Health Zones in the Philippines in adapting national health-related regulations and policies within the local context and responding to public health threats towards achieving quality health care that is efficient and effective. Among the features of this module are capacity building of local leaders in managing their existing though limited resources and the involvement of indigenous people as well as the protection of their culture as provided by the Indigenous Peoples Rights Act of 8371.

Training Objectives

The training was designed for Local Chief Executives, local health managers and other key stakeholders to develop their capacity to address problem areas they identified from the operations of their health system. It is also developed to guide and assist the local government units to strengthen their local health system through an inter-local health zone.

This module imparts adequate managerial skills and capacities among target participants to implement health sector reforms in relation to the goals of *Kalusugan Pangkalahatan (KP)*. The modules cover the process of establishing and managing the ILHZ in conformity with KP strategic instruments and updated policies on maternal and child health. The course is modular and, therefore, it is necessary that training facilitators utilize this training material for better learning outcomes.

Generally, the training will enable Local chief executives (LCEs) and health professionals to develop a local health system within the KP framework based on the experience of Benguet Province, especially the Inter-Local Health Zone (ILHZ) system.

Specifically, the training aims to:

1. Increase participants' understanding of the basic concepts and practical approaches in local health system development;
2. Develop participants' appreciation of the benefits of the Inter Local Health Zone (ILHZ) system.
3. Guide participants in the procedures of establishing and managing ILHZ system, including common health trust fund, and preparing annual work and financial plans for the ILHZ; and
4. Enable participants to gain hands-on-experiences in setting-up an ILHZ.

Training Materials

- Handouts for the participants
- LCD projector and screen
- Metacards
- Pentel Pen
- Manila paper
- White Board and marker

Training Methods

The course uses a variety of instructional methods depending on the objectives of each modules, these will include:

- Lecture with presentation
- Group Work
- Discussion
- Video presentation

Training Requirements

1. Expected participants are required to be in full attendance in the following modules:
 - a. Local Chief Executives – Module 1 to Module 2 (or Module 5)
 - b. Local Health leaders and Other identified key stakeholders by the district – Module 1 to Module 9
2. All participants are required to submit their assigned outputs and group work, including their action plan on the last day of the course; and
3. All attendees are encouraged to give their full involvement and participation during the discussion and group work.

Timeframe

Each instructional module will provide information, examples and group work that require active participation and allow target participants to practice certain skills related to the Inter-local health Zone.

The following shows the daily schedule of each module, including expected outputs of the course:

	<i>Morning</i>	<i>Afternoon</i>
Monday		Arrival at the training venue Registration
Tuesday	<p>Opening Program</p> <ul style="list-style-type: none"> • Invocation • National Anthem • Introduction of Participants • Welcome Messages <p>Introductory Module: Rationale of the Activity</p> <p>Module 1: General Context and Concepts: <u>Session 1:</u> <i>Kalusugan Pangkalahatan</i> and the Millennium Development Goals <u>Session 2:</u> General Concepts of Inter-Local Health Zone (ILHZ)</p>	<p>Module 2: Setting-up ILHZ: <u>Session 1:</u> Organizing the ILHZ <u>Session 2:</u> Establishing the ILHZ Office</p> <p style="text-align: center;"><i>or</i></p> <p>Module 5: Health Financing <u>Session 1:</u> National Health Insurance Program, Accreditation and Reimbursement <u>Session 2:</u> The Common Health Trust Fund</p>
Wednesday	<p>Module 3: Governance for Health: <u>Session 1:</u> Integrated Health Planning System <u>Session 2:</u> Monitoring, Supervision and Evaluation</p> <p>Module 4: Health Regulation: <u>Session 1:</u> Significance of Regulation in the Establishment of Inter-Local Health Zone</p>	<p>Module 4: Health Regulation (cont.): <u>Session 2:</u> <i>BEmONC Certification and MCP Accreditation</i></p> <p>Module 5: Health Financing <u>Session 1:</u> National Health Insurance Program, Accreditation and Reimbursement <u>Session 2:</u> The Common Health Trust Fund <i>(or Module 2)</i></p>
Thursday	<p>Module 6: Service Delivery for Health: <u>Session 1:</u> The Two-way Referral System <u>Session 2:</u> Integration of MNCHN in ILHZ Agenda <u>Session 3:</u> Drug Management System</p>	<p>Module 6: Service Delivery for Health (cont.): <u>Session 4:</u> Health Emergency Preparedness and Readiness</p> <p>Module 7: Human Resource for Health: <u>Session 1:</u> Mechanism in Sharing Health Human Resources <u>Session 2:</u> Training and Study Tours</p> <p>Module 8: Health Information Management: <u>Session 1:</u> Role of ILHZs to strengthen Health Information Management</p>
Friday	<p>Module 9: Action Planning</p> <ul style="list-style-type: none"> • Workshop • Presentation of Workshop Outputs • Finalization and Submission 	<p>Module 9: Action Planning (cont.)</p> <ul style="list-style-type: none"> • Presentation of Workshop Outputs • Finalization and Submission <p>Closing Program</p> <ul style="list-style-type: none"> • Synthesis of Training • Message/Response by Local chief Executives • Pledge of Commitment • Closing Message

Expected Outputs

At the end of the course, participants are expected to:

- Have understood the objectives and benefits of strengthening local health system, especially through the ILHZ system.

- Have identified and presented multi-level health facilities (provincial and municipal) in a specific district area as ILHZ with clear complementary functions in delivering quality health care services;
- Have developed and submitted their proposed plan of action, indicating the following:
 - (1) Establishment of ILHZs;
 - (2) Installation of ILHZ office with personnel;
 - (3) Crafting and Approval of MOA
 - (4) Initial steps in setting-up the Common Health Trust fund;
 - (5) ILHZ Plan especially on MNCHN services and BEmONC functionality

Evaluation Plan

An End-of-Training Evaluation Form will be distributed during the Commencement Session to enable the trainers and facilitators in assessing the participant's overall satisfaction at the end of the training and improve future activities relative to ILHZ.

Moreover, active involvement and participation during the group discussion, as well as review of presented and submitted group work and plans, can serve as indicators of participant's capacity and readiness to apply expected knowledge and skills acquired about the ILHZ.

The evaluation would also be a basis for following-up the development of an ILHZ annual work and financial plan.