Project on Long-term Care Service Development for the Frail Elderly and Other Vulnerable People (LTOP)

Project which focuses on “Long-term Care (LTC) for the Elderly”, which is based on the experience of CTOP project ended in November 2011, has started in January 2013 in Thailand where the population is rapidly aging, and the knowledge and experience of Japan will be transmitted to Thailand.

I. LTC Service Model Development

Model services will be implemented to look forward to the “introduction of professional LTC services for the elderly at home” by which family caregivers are appropriately supported and the frail elderly can be supported at the communities.

- LTC model by the professional care workers which is based on the appropriate care management will be developed and implemented/tested in pilot project sites.
- Condition of the service users will be followed and recorded minutely, and the efficiency and benefit of the service will be explained by the evidence.

II. Transmission of Advanced LTC Skills

Knowledge of advanced skill related to LTC (including care management, nursing, rehabilitation, LTC for the persons with dementia, introduction of welfare equipment, etc.) will be transmitted from Japan to Thailand by Japan training and the development of textbook for human resource development.

III. Policy recommendations

Policy recommendation will be developed for the future policy response in Thailand through sharing rich experiences of policy responses etc. in Japan regarding the various policy issues related to LTC among the policy makers and researchers of Japan and Thailand by holding seminars etc. The result of the project will be disseminated to other East Asian countries and shared through seminar.
**Summary of the project**

Long-term care system for the frail elderly which is financially sustainable will be proposed by making use of the integrated community-based services which is a result of the “Project on the Development of a Community-Based Integrated Health Care and Social Welfare Services Model for Thai Older Persons (2007 – 2011).” “Model services” will be developed in pilot project sites (6 areas: Chiang Rai, Khon Kaen, Nonthaburi, Surat Thani, Nakhon Ratchasima, and Bangkok) and implemented in the efficient and sustainable way. Training programs for care workers and care coordinators will be developed.

<table>
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<tr>
<th>Period</th>
<th>14 January 2013 ~ 31 August 2017 (4 years 8 months)</th>
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<tr>
<td>Purpose</td>
<td>Policy recommendations on the long-term care for the elderly are accepted by the relevant ministries and organizations.</td>
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| Outputs         | 1. Policy recommendations on the long-term care for the elderly are accepted by the relevant ministries and organizations.  
                   2. “Model Services” are developed and implemented in an effective and sustainable manner at pilot project sites.  
                   3. Training programs of the care workers and coordinators are developed. |

- **CTOP sites**
  - Chiang Rai
  - Khon Kaen
  - Surat Thani
  - Nakhon Ratchasima
  - Nonthaburi
  - Bangkok (Capital)

- **New sites**
  - Chiang Rai
  - Khon Kaen
  - Surat Thani

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*Project on the Elderly Persons in Thailand: LTOP*

*Project on Long-term Care Service Development for the Frail Elderly and Other Vulnerable People*
Expected Goal of LTOP

Outputs of LTOP

Model Services

Training Programs

Policy Recommendations

Project Purpose

Policy recommendations are accepted by the relevant ministries and organizations.

Overall Goal

Policy recommendations are reflected in the Thai government policies.