



Japan International Cooperation Agency

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PRESS RELEASE

■Contact

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Aug 11, 2010

JICA Thailand Office

First National Conference for Presenting Community Based Integrated Health Care and Social Welfare Services Model for Older Persons - A Trial for the Rapid Aging Population in Thailand, run jointly between Thailand and Japan -

The Ministry of Public Health and the Ministry of Social Development and Human Security, together with JICA, have implemented “the Project on the Development of a Community Based Integrated Health Care and Social Welfare Services Model for Older Persons” for four years since November 2007, in order to establish and disseminate models for the better living of older persons supported by the community in Thailand, where the aging society has been one of the biggest issues. Under the Project, various activities, in cooperation with the Japanese Expert Team headed by Dr. Yutaka HORIE, Chief Advisor have been conducted, and a National Conference will be held at the Maruay Garden Hotel on August 20 (Friday) in order to present community-based, integrated health care and social welfare services models and to exchange opinions.

Please kindly see the attached schedule and details of the Conference, together with the outline of the Project. The Conference will be held with the attendance of Dr. Pajit Warachit, Permanent Secretary of Ministry of Public Health from the Thai side and Mr. Kyoji Komachi, Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand, and Mr. Yasunori Onishi, Chief Representative of JICA Thailand Office, from the Japanese side.

A press interview will be held at the meeting for Thai and Japanese media.

For more information, please contact:

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The 1st National Conference on the Development of Community-based Integrated Health care and Social Welfare Services Model for Thai Older Persons

CTOP Project : [02-591-8611](tel:02-591-8611) (JICA Office at MOPH)
Dr. Yutaka Horie, Chief Advisor, yhorie@health.moph.go.th

Date : August 20th, 2010

Venue : Maruey Garden Hotel

Participants : 150~200 persons (to attend from entire country)

Schedule (Draft) :

- **08:40-08:55 Press Interview (08:00~ Executive Breakfast)**
- **09:00 Dr. Paijit Warachit, Project Director, CTOP, Permanent Secretary, MOPH ; “Opening Speech”**
- **H. E. Kyoji KOMACHI. Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand ; “Speech”**
- **Appreciation to the Government of Japan**
- **Donation of 150 Wheelchairs to CTOP Project Sites by the representative of FranceBed Co., Ltd.**
- **09:30 Dr.Seri Hongyok, Project Manager, CTOP, Deputy Permanent Secretary, MOPH; Lecture of CTOP Project**
- 10:00 Reports by representatives of Project Sites, CTOP (Chiang Rai, Khon Kaen, Nonthaburi, Surat Thani)
- 11:00 Mr. Yasunori Onishi, Chief Representative, JICA Thailand Office; “JICA’s Commitment for Aging Asia”
- 11:15 Dr. Yutaka Horie, Chief Advisor, CTOP Project; Lecture; “Experiences of Japan and Challenges of Thailand to prepare for Aging Society”
- 12:15 ~ 13:15 Lunch
- 13:15 Group Discussion
- 15:00 Final Discussion and conclusion

(Display booths are to be set outside the main meeting room.)

Purpose : Thailand, which is expected to be among the earliest countries to face the rapid aging of the society, has been working on the Development of Community-based, Integrated Health care and Social Welfare Services Model with the help of Japan. This is the first National Conference for sharing the achievements of CTOP and exchanging knowledge related to CTOP Project.

Background :

- (1) CTOP Project : 4-year JICA Project between November 2007 to November 2011. Ministry of Public Health, Ministry of Social Development and Human Security and Japan International Cooperation Agency have been cooperating with each other.
- (2) MOPH, MSDHS and JICA jointly promote the development of Health care and Social Welfare Services Model at 4 project sites.

Formal Project Name : The Project on the Development of a Community-based Integrated Health Care and Social Welfare Services Model for Older Persons in Thailand

Abbreviated Name : **CTOP** = **C**ommunity Health Care and Social Welfare Services Model for **T**hai **O**lder **P**ersons

CTOP has 4 project sites at sub-district levels (in Chiang Rai, Khon Kaen, Nonthaburi and Surat Thani) for developing service models.

- (3) Aging Situation of Thailand : Elderly ratio of Thailand aged 60+ is projected 11.5 % in 2010 by UN projection (Japan; 30.5 %). Aging situation of Thailand today is similar to that of Japan in 1975. Rapid decline of total fertility is going on with fertility rate 1.65. It is projected Thailand is getting aged country with similar or more rapid pace than Japan has experienced.
- (4) Health and social welfare services of Thailand : Health and Welfare services are very limited in Thailand. Universal health care system is established in Thailand and anyone, young or old, have access to receive medical services free of charge, however, both health care staff such as medical doctors and professional nurses per population and hospital beds per population are limited. And elderly housing, such as Elderly Homes of Japan, is also very limited. Thailand, therefore, needs to focus on Community Homecare Models which do not rely on hospitalization.
- (5) Model Development of 4 CTOP Project Sites : Each project site is paying attention to develop “Manuals” so that Models can be replicated outside project sites. The Manuals of models are similar to “Recipes of cuisine”.
- **Chiang Rai (North)** ; Focus is placed on the most prevalent life-style related diseases, **“Hypertension”**. The model promotes the change of behavior in exercise, nutrition as well as regular health check.
 - **Khon Kaen (North-East)** ; Focus is placed on the most disturbing diseases or disorders for the Elderly persons; **“Eyes and mouths health problems”**. The model provides health-checks for the elderly and, if necessary, refers the elderly to hospitals for treatment. The most prevalent eye diseases of the elderly in community of Thailand are cataracts. Cataract is considered not difficult diseases for treatment. In Thailand, it is often observed elderly persons do not receive any treatment till very close situation to lose vision, partly due to the lack of enough ophthalmologists.
 - **Nonthaburi (Central)** ; Focus is placed on **“Rehabilitation Center”** to enable the elderly who have just been discharged from hospitals so that the elderly can live smoothly and comfortably at homes and community. “Rehabilitation Center” provides the elderly with the tailor-made rehabilitation programs 3 times a week.
 - **Surat Thani (South)** ; Focus is placed on **“Mobile One-stop health and welfare Services”** to solve the difficulty of access to necessary check-up or consultation due to the inconvenient transportation system. Health and welfare officers or technicians jointly visit villages or communities and provide health screening and necessary health and welfare consultation every month. The elderly and the volunteers are willing to participate.

It is the first time on August 20th that Models of CTOP Project will be introduced nationwide.

Expectation to CTOP Project : Thai Government expects to learn from the experiences of Japan which have placed its focus of the elderly health and welfare services on homecare and community care for the last 20 years.

CTOP Project is indeed its first technical cooperation project of JICA in the world and JICA expects the results of CTOP will promote strengthening the social structure of Thai society.

Main attendants from Thai side



Dr. Paijit Warachit
Permanent Secretary, MOPH
Project Director, CTOP



Dr. Seri Hongyok
Deputy Permanent Secretary, MOPH
Project Manager, CTOP

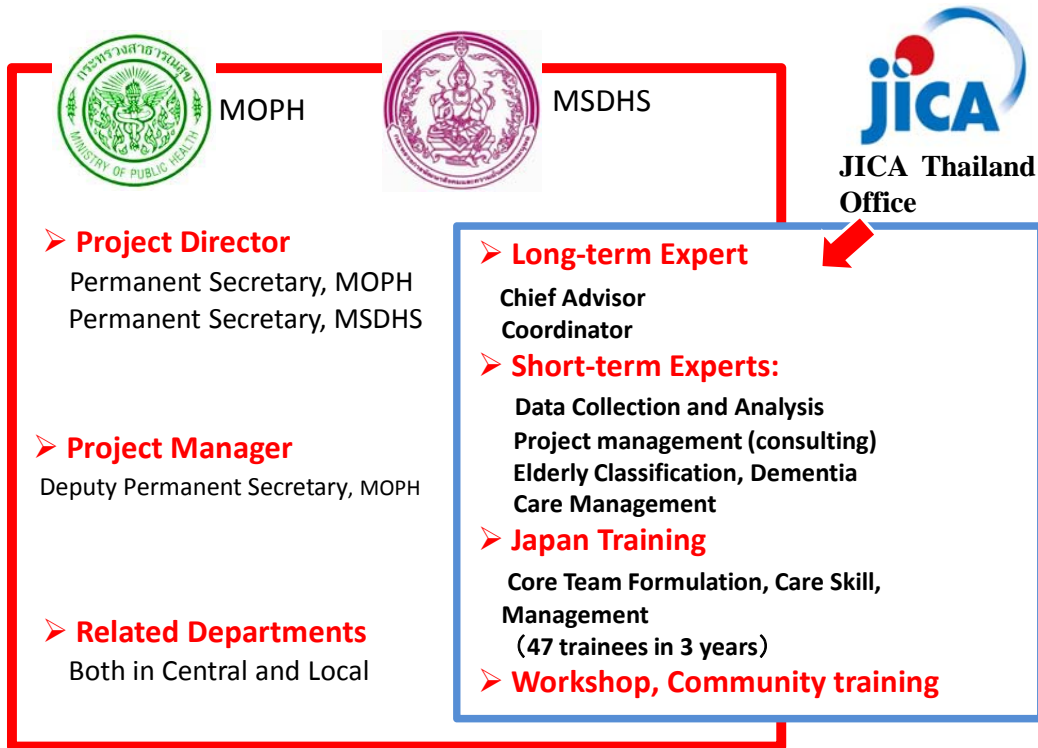


Dr. Narongsakdi Aungkasuvapala
Senior Advisor, National Health Commission Office
former Director General, Department of Health, MOPH
Senior Advisor, CTOP



H. E. Kyoji KOMACHI. Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand

Structure of CTOP Project



Areas of Thailand and CTOP Project Sites



- **North:** Chiang Mai, **Chiang Rai**, Tak, Kamphaeng Phet, Lampang, Lamphun, Mae Hong Son, Nakhon Sawan, Nan, Phayao, Phetchabun, Phichit, Uthai Thani, Phitsanulok, Phrae, Sukhothai, and Uttaradit.
- **Northeast:** Amnat Charoen, Buri Ram, Chaiyaphum, Kalasin, **Khon Kaen**, Loei, Maha Sarakham, Mukdahan, Nakhon Phanom, Nakhon Ratchasima, Nong Bua Lamphu, Nong Khai, Roi Et, Sakon Nakhon, Si Sa Ket, Surin, Ubon Ratchathani, Udon Thani and Yasothon.
- **Central:** Ang Thong, Bangkok, Chachoengsao, Chai Nat, Chanthaburi, Chon Buri, Kanchanaburi, Lop Buri, Nakhon Nayok, Nakhon Pathom, **Nonthaburi**, Pathum Thani, Phetchaburi, Phra Nakhon Si Ayutthaya, Prachin Buri, Prachuap Khiri Khan, Ratchaburi, Rayong, Sa Kaeo, Samut Prakan, Samut Sakhon, Samut Songkhram, Saraburi, Sing Buri, Suphan Buri and Trat.
- **South:** Chumphon, Krabi, Nakhon Si Thammarat, Narathiwat, Pattani, Phang-nga, Phatthalung, Phuket, Ranong, Satun, Songkhla, **Surat Thani**, Trang and Yala.
- Source: The Department of Provincial Administration, Ministry of Interior

Demographic of Project Sites, CTOP

| Area Resource Function | Chiang Rai Yang Hom | Khon Kean Sa-ard | Nonthaburi Bang Si Thong | Surat Thani Bang Na |
|---|--|--|--|--|
| Population | 11,727 persons | 10,148 persons | 8,328 persons | 9,824 persons |
| Elderly Population | 1,302 persons (11.10%) | 920 persons (9.07%) | 1,042 persons (12.51%) | 1,020 persons (10.38%) |
| Household Size | 3,558 households (3.30 person) | 2,270 households (4.47 person) | 3,319 households (2.51 person) | 2,065 households (4.76 person) |
| Tambon size | 134.8km² | 82.0 km² | 5.8km² | 71.08 km² |
| Density | 87.0 person/km² | 123.76 person/km² | 1,435.86 person/km² | 138.21 person/km² |
| Number of UC members <small>UC: Universal Health Coverage</small> (ratio) | 10,018 persons (86%) | 9,259 persons (91%) | 4,142 persons (50%) | 8,178 persons (83%) |

Most data from each sub-district (tambon) collected in 2008, CTOP Project

30-40 Years Difference of Aging Process

(UN World Population Prospects : The 2008 Revision)

[Red figures: Statistics by Thai and Japanese Governments]

Prepared by Dr. Yutaka Horie,
Chief Advisor, CTOP Project,
MOPH, MSDHS, JICA, Thailand

| pop 60+ /total pop (%) | 1975 | 2010 | 2050 |
|---|------------------------------|--|-----------|
| Thailand | 5.6 | 11.5 | 26.4 |
| Japan | 11.7 | 30.5 | 44.2 |
| <div style="border: 1px solid black; border-radius: 50%; padding: 5px; width: fit-content; margin: 5px auto;"> Elderly Ratio (60+) of Thailand today is similar to that of Japan 35 years ago. </div> | | | |
| pop 15-59/total pop (%) | 1975 | 2010 | 2050 |
| Thailand | 50.2 | 67.0 | 56.4 |
| Japan | 64.0 | 56.3 | 44.6 |
| total fertility rate (number of persons) | 1975-1980 | 2005-2010 | 2045-2050 |
| Thailand | 3.92 | 1.81 (UN prospect) 1.65 (reality, NESDB) | 1.85 |
| Japan | 1.83 (1.66 (1988)) | 1.27 1.37 (2009) | 1.60 |
| <div style="border: 1px solid black; border-radius: 50%; padding: 5px; width: fit-content; margin: 5px auto;"> Rapid declining of children's number; only 20 years behind </div> | | | |
| life expectancy (years old) | 1960-1965 | 2005-2010 | 2045-2050 |
| Thailand | 55.6 | 68.8 | 77.2 |
| Japan | 68.9 | 82.7 | 87.2 |
| <div style="border: 1px solid black; border-radius: 50%; padding: 5px; width: fit-content; margin: 5px auto;"> Average Length of life; 35 years behind </div> | | | |